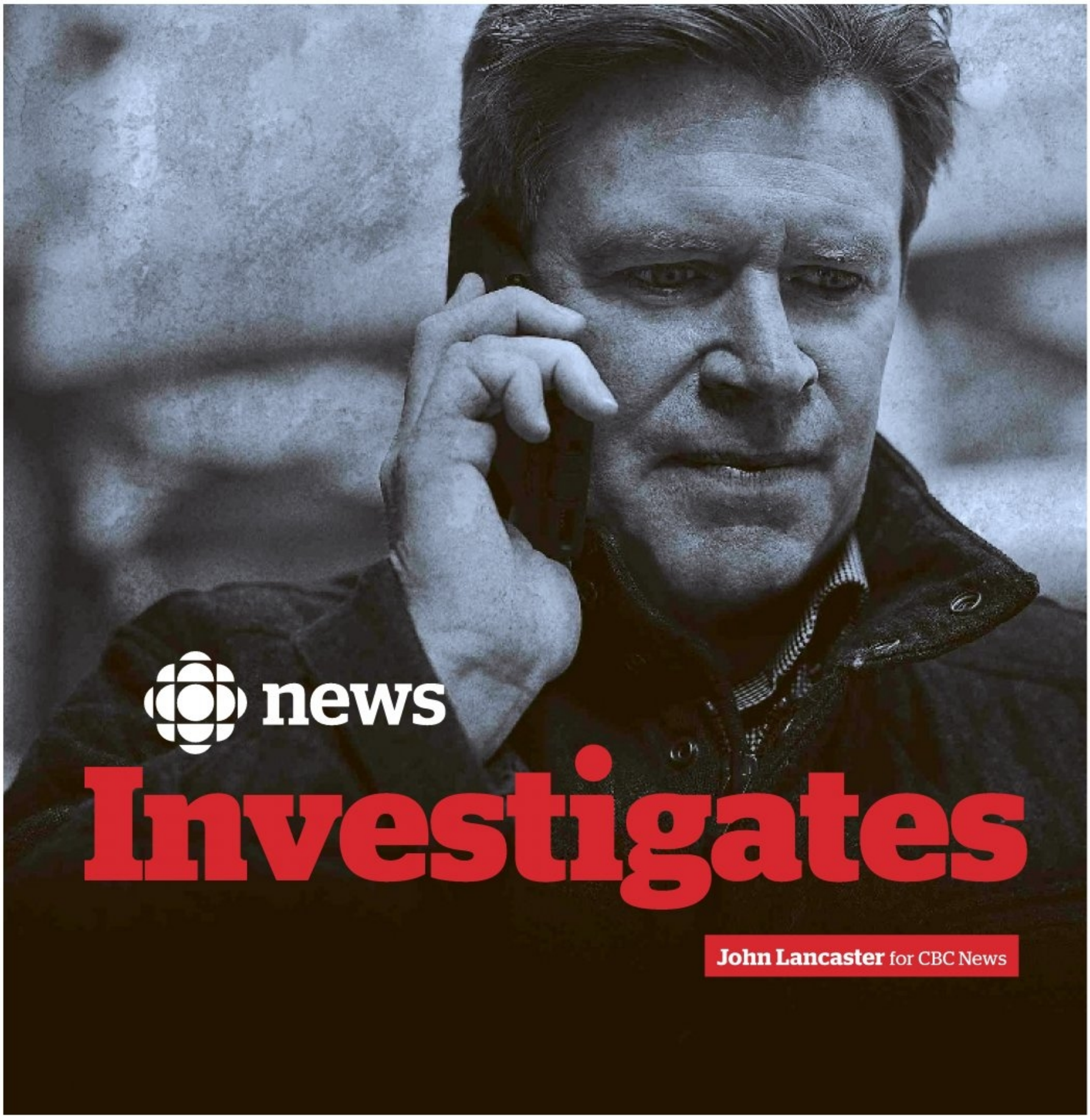
Toronto metro

THURSDAY, MARCH 10, 2016



Hop On The UP this March Break

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UP Express is only **$9** from **Union to Pearson** (with PRESTO). For those in the **Bloor and Weston** communities looking for a fast and frequent daily service to get downtown, UP Express fares will be **$5.02** for 2 stops and **$4.71** for 1 stop.

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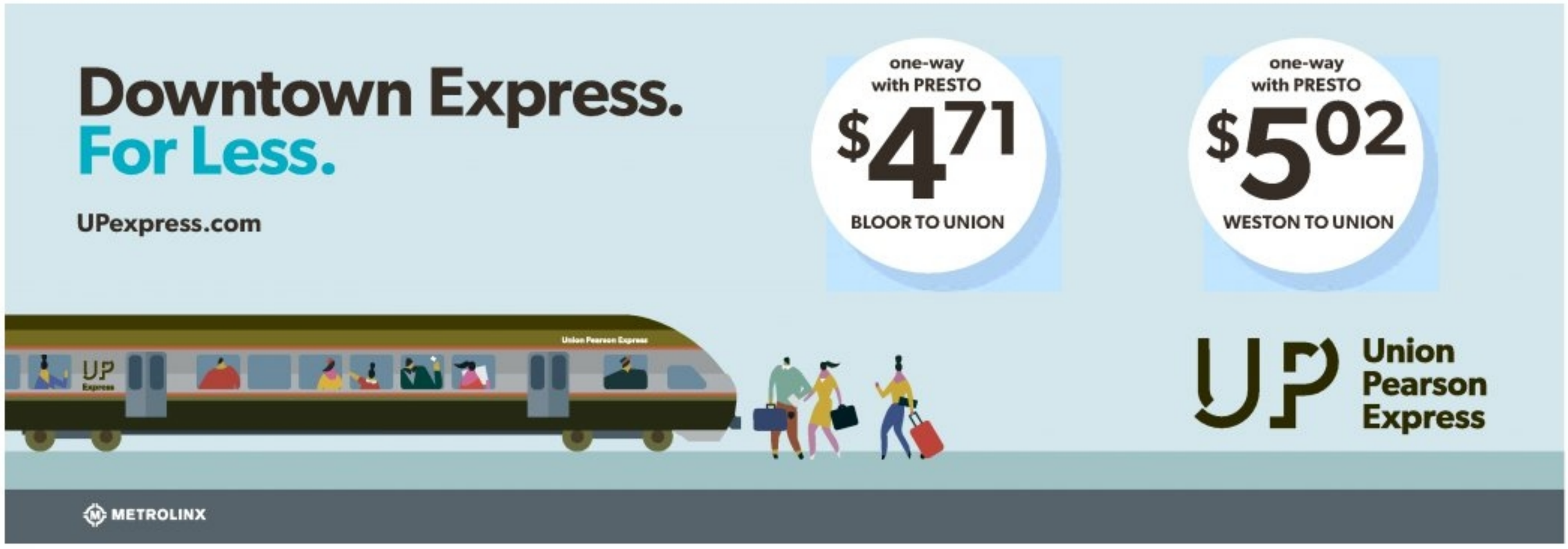
This March Break, take time to discover the city—and leave the driving to us.



Toronto metro

BOOKS
Wild child? Go for it
metroLIFE

Your essential daily news | THURSDAY, MARCH 10, 2016

High 11°C/Low -1°C Cloudy and rainy

FLAP volunteer Alan Li helps collect some of the 2,100 birds on display Wednesday.
LIZ BEDDALL/METRO

Ontario Place, welcome back

ART INSTALLATION

Idle grounds will burst with life this fall

Gilbert Ngabo
Metro | Toronto

Fun is returning to Ontario Place this fall.

For 11 days in September, more than 40 contemporary artists will take over the 14-acre waterfront park, transforming it into a multidisciplinary art installation — and opening up parts of the former amusement park that have been sitting idle.

A big goal of the exhibition, called In/Future, is revitalizing the site through cultural programming, said co-artistic director Rui Pimenta.

"It's transformative," he said.

The project is a collaborative effort between Art Spin and Small World Music Festival, two local arts and culture organizations. The local flavour of the effort runs deep with a lot of emphasis placed on making sure the art included is a reflection of Toronto and Ontario, Pimenta said.

The side benefit of that, he said, is promoting artists who otherwise "wouldn't have access to this type of exposure."

People can expect to see everything from sculptures, paintings, photography and new media installations.

Plus, Cinesphere — the IMAX theatre on the property that dates back to 1971 — will screen original films along with those from the Ontario Place archives, some of which haven't been seen by the public in 20 years.

> People will experience the west island of Ontario Place in a way they never experienced it before.
> Rui Pimenta

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metro NEWS

Your essential daily news

Google's computer has beaten human Go champion in their first match. **Business**

U-turn on weed in public places

HEALTH

Province backs out of original plan following controversy

About 23,000 Canadians have prescriptions to take cannabis. THE CANADIAN PRESS

The Ontario government is vaporizing the use of medical marijuana in public places.

In a major policy U-turn, Queen's Park will ban the smoking and vaping of medicinal pot in all enclosed public places, workplaces and many outdoor areas as well as curb the use and sale of e-cigarettes.

Associate health minister Dipika Damerla is expected to outline the changes on Thursday.

Sources said the potentially controversial measures were approved by Premier Kathleen Wynne's cabinet on Wednesday afternoon.

The moves are "to strengthen ... smoking laws to better protect people from second-smoke, whether from a tobacco product or medical marijuana," an official said.

While a ban on selling e-cigarettes to anyone under the age of 19 took effect on Jan. 1, the regulations limiting where adults could vape were in limbo.

That's because the government had to go back to the drawing board after new rules came out last November that would have allowed people to smoke or vape medical marijuana in any public place where smoking is otherwise prohibited.

The original exemptions included restaurants, offices, movie theatres, stadiums, and even children's playgrounds.

That led to accusations the government had made a hash of things, which forced Damerla to take a second look.

"We will consider this feedback, look at it very carefully and see what we need to do," the minister said last fall. "It's too early to say whether this was a failure or not. It's important that governments be responsive."

Business owners were unhappy at the possibility of having to tell people to butt out their medication in order appease other customers concerned about second-hand smoke or vapour.

Canadians for Fair Access to Medical Marijuana, which represents patients, had hailed Damerla's initial opening up of the policy as an "important milestone in the recognition of the legitimacy of the use of cannabis as a medicine."

But the Canadian Cancer Society, which is supporting Damerla's tightening of the legislation, maintains second-hand marijuana smoke may cause similar health problems as being exposed to tobacco smoke.

Rowena Pinto, the organization's Ontario vice president of public affairs, noted "e-cigarettes have not been thoroughly tested" and more study is needed to determine the long-terms effects. TORSTAR NEWS SERVICE

POLITICS

Brown vows pension refund

Workers and businesses paying into the controversial Ontario Retirement Pension Plan once it begins will get their money back if the Progressive Conservatives win the 2018 election.

Tory leader Patrick Brown has promised to "repeal and refund" the plan, providing rebate cheques should his party wrest power from the Liberals.

"I think it's a bad proposal at the wrong time," said Brown.

He called proposed pension premiums of up to $1,643 a year from eligible businesses and individuals "a tax."

Brown said any pension plan improvements should be made nationwide through the CPP.

"I hope that (Premier) Kathleen Wynne, who tells us she's got the best relationship with our new prime minister ... could pick up the phone and do it properly." TORSTAR NEWS SERVICE

Patrick Brown's pledge comes as his party begins developing a platform for the next election. COLE BURSTON/TORSTAR NEWS SERVICE

POLICE

Wanted TTC worker found dead

A TTC employee wanted in a child-porn investigation has been found dead in Haliburton.

On March 3, Toronto police alerted the public that 47-year-old Darren Padilla, formerly known as Darren Laite, was wanted on two counts of possessing child pornography and one count of accessing child pornography. He was described as "armed and dangerous."

Police found the man's body Monday. His death is not being treated as suspicious.

Before he was hired at the TTC, Padilla faced mischief charges "after two women reported seeing a man peering up at them from the tank of an outdoor toilet," the Peterborough Examiner reported. TORSTAR NEWS SERVICE

Darren Padilla COURTESY TORONTO POLICE SERVICE

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Clue#4

Evidence suggests the competition's testing from last week failed and they are now trying to figure out the rust durability of the SUPERSTRUCTURE.™ Which city in Canada has the highest precipitation?

Hint:
Google™ "Canada's rainiest city."

*Canadian residents who have reached the age of majority in their province or territory can enter the contest at www.hyundaisupersearch.com between February 13th, 2016 at 12:01am (ET) and April 4, 2016 at 11:59pm (PT). One entry per each Weekly Prize. One entry per Grand Prize. Four (4) Weekly Prizes of CDN$2,500.00 each, and one (1) Grand Prize of CDN$20,000.00. To be eligible for Grand Prize, contest participant must perform test drive of a new Hyundai vehicle at a Canadian Hyundai dealership and submit the correct answer to the final SuperSearch Clue. To be eligible for secondary Weekly Prizes, contest participant must submit the correct answer for each respective Weekly SuperSearch Clue. Each Weekly Prize is exclusive of each other; answer submission for all Weekly Prizes is not required to be eligible to win any one (1) Weekly Prize. Chances of winning depend on the total number of eligible entries received. Eligible winners must correctly answer skill-testing question. Prize draws will be held at 16 Mary Street, Unit 4, Aurora, Ontario at approximately 2:00pm (ET) on April 7, 2016. No purchase required. Complete rules available at www.hyundaisupersearch.com. ™/®The Hyundai names, logos, product names, feature names, images and slogans are trademarks owned by Hyundai Auto Canada Corp.

REAL ESTATE

Black mansion auction cancelled

Bidding for Conrad Black's Bridle Path mansion was called off last night because of pre-emptive offers.

"We received multiple pre-auction offers in advance of the scheduled auction, and are in the process of finalizing a contract," said a spokeswoman for Concierge Auctions, the company handling the sale along with local agent Barry Cohen from Re/Max Realtron Realty Inc.

The urban castle at 26 Park Lane Circle is the ancestral home of former media baron, Black, and includes nine bedrooms and 11 bathrooms as well as an indoor pool, spa and chapel.

The home's value was estimated at $21.8 million and bidders were required to fill out a registration form, deposit $250,000 CDN in escrow and obtain a bank letter to confirm they were capable of purchasing the mansion.

The sale is just the latest in Black's liquidation of land assets.

TORSTAR NEWS SERVICE

IN BRIEF

Police number showing up on phones in CRA scam

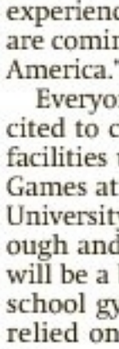
Toronto police have become unwittingly linked to a Canada Revenue Agency scam. It involves victims being contacted by people claiming to be with the Canada Revenue Agency. Victims are told they owe money. Police say one of the spoofed caller ID numbers being used by the scammers is the Toronto Police Service non-emergency number.

THE CANADIAN PRESS

Indigenous Games to bring aboriginal culture to city

COMPETITION

Athletes to compete in Pan Am Games facilities



Jessica Smith Cross
Metro | Toronto

Thousands of young aboriginal athletes will flock to Toronto next summer as the city hosts the 2017 North American Indigenous Games.

Ranging in age from 13 to 19 years old, about 5,000 competitors will come from across North America, said games operations manager Rob Lackie.

Each province and U.S. state can send up to 500 athletes who compete as a team in archery, athletics, badminton, baseball, basketball, canoeing, golf, kayaking, lacrosse, riflery, soccer, softball, volleyball, wrestling and swimming.

"They're a culturally based games rather than being about winning the most gold," said Lackie.

"Of course you want the most gold, but it's mostly about the experience for the youth who are coming from across North America."

Everyone is particularly excited to compete at the same facilities used for the Pan Am Games at York University, the University of Toronto Scarborough and Humber College. It will be a big step up from the school gyms the games have relied on in the past, Lackie said.

The council that oversees the games is asking the City of Toronto to provide a $100,000 financial sponsorship and $200,000 of in-kind support for the event, a request that will be considered as the games approach.

They are also receiving financial support from the federal and provincial government.

The games are organized every three years, usually alternating between host cities in Canada and the U.S. That's changing this time around.

Regina played host in 2014, but when no American hosts cities volunteered, the Aboriginal Sport and Wellness Council of Ontario stepped up, allowing the games to go ahead.

Along with sports competitions, the North American Indigenous Games place a strong focus on culture. It's always a key component of opening ceremonies, like the one shown here in Cowichan Bay, B.C, and other events. DARRYL DYCK/THE CANADIAN PRESS

AT A GLANCE

The North American Indigenous Games will take place from July 16-23, 2017.

Admission to events is free, but tickets must be bought for the opening and closing ceremonies.

For more information, go to naigcouncil.com.

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Bloor bike lanes: A sneak peek

INFRASTRUCTURE

City mocks up revamped thoroughfare at public forum

Cyclists and motorists can finally see what bike lanes on Bloor Street — decades in the making — will look like.

At a public meeting Wednesday, Torontonians saw mockups of the city-preferred model for a pilot project — lanes on both sides of the street from Shaw Street to Avenue Road, separated from car traffic by flexible posts.

A cyclist at Bloor and Yonge
RANDY RISLING/TORSTAR NEWS SERVICE

If feedback is good and city council gives its stamp of approval, bikes could be whizzing along part of Toronto's east-west spine by late summer. There is no time frame for the end of the pilot or possible lane removal.

The new lanes could, however, get a rough ride from motorists.

"Approximately 135 of 280 existing on-street parking spaces are proposed to be removed through the pilot project," states a city briefing.

Also, "any option to introduce bike lanes on Bloor Street will involve a reduction in the number of motor vehicle travel lanes during the peak periods and will likely result in travel-time delay during the morning and evening rush hours."

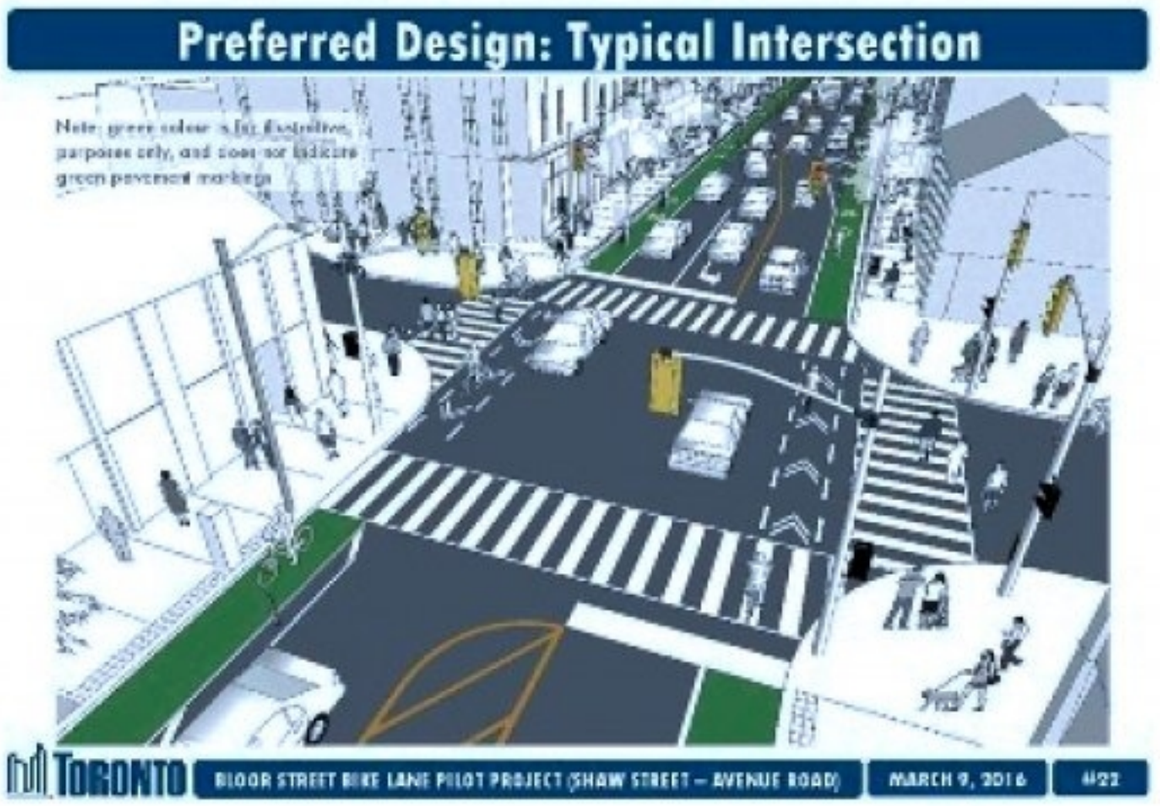
Cycling advocates are hopeful based on the success of separated Adelaide and Richmond streets, extended after studies showed a boom in cyclist use without slowing traffic.

"Bloor and Danforth have been long sought after by the cycling community because they form a direct, non-circuitous route without streetcar tracks, making it ideal for high-quality cycling infrastructure," said Cycle Toronto executive director Jared Kolb.

"Local support among residents and business is strong through the proposed Bloor pilot study area.

"Success here will help act as proof of concept and spur demand to unlock bike lanes elsewhere."

TORSTAR NEWS SERVICE



An artist's view of the Bloor bike-lane pilot project. CITY OF TORONTO

Support among residents and business is strong.
Jared Kolb, Cycle Toronto

+ CHANGES

A few of the ideas floated by city staff:

Flexi-posts
Between Shaw and Bathurst streets, flexi-posts will be safer for cyclists and discourage drivers from illegally parking in the lanes.

Cars lose and gain
Car lane removal along Bloor during the pilot project would slow traffic, but that would be offset somewhat by dedicated turn lanes at intersections and changes to traffic signal timing.

Parking cut in half
Losing almost half of 280 on-street parking spaces in the bike-lane corridor is not popular with some retailers along the strip. The proposed design proposes alternating clusters of spots between the north and south sides.

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Starting March 15, 2016, Canada's entry requirements are changing. If you received a work or study permit before August 1, 2015, and plan to travel outside Canada and return by air, you may need to get an Electronic Travel Authorization (eTA).

Don't wait. Apply online today at Canada.ca/eTA.

IMPORTANT: The eTA does not apply if you are a Canadian permanent resident travelling internationally. You will still need your permanent resident card to board your flight back to Canada.

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★★★★★
I AM THRILLED!
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★★★★★
FABULOUS!
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To make sure this product is right for you, always read the label and follow the instructions.

Anna O'Sullivan shot cellphone video of a waste services employee adding snow into their truck and posted it to Facebook. It's alleged the employee's motive was to collect more pay, as the Region compensated the contractor in question by the ton. CONTRIBUTED

Garbage collector facing legal mess

MILTON

Suspended after video captured him shovelling snow into truck

Melanie Hennessey
Milton Canadian Champion

What started as a Milton woman's innocent Facebook post showing waste collection staff shovelling snow into a garbage truck has now led to an investigation of the employee's unusual actions and his suspension.

Both Halton Region and Miller Waste Systems are looking into the incident that occurred on a quiet Milton street Monday morning.

Anna O'Sullivan was looking out her home office window on Potts Terrace, where she noticed something unusual — a waste services employee not only picking up her garbage, but shovelling a large amount of snow into the truck as well.

"I thought maybe it was because the snow was too far out on the street," said O'Sullivan, who shot a video of the incident and posted it to Facebook praising the man for what seemed like above-and-beyond service. "The video got a whole bunch of comments, with some saying this was nice, but others saying he did this to make the garbage truck heavy."

With the Region paying Miller Waste Systems for its services by the ton, "the obvious incentive (for the employee) was to add weight to the truck," said Halton Commissioner of Public Works Jim Harnum.

> **It's absolutely inappropriate.**
> Jim Harnum

"It's absolutely inappropriate, and we've taken it very seriously," he said. "We've been working with Miller for many years and never had an incident like this."

The commissioner said the Region didn't pay Miller for the loads that arrived at the waste transfer station on the truck in question and is now investigating the vehicle's history for anomalies to determine if further action is needed.

If the addition of snow in garbage trucks was a systemic problem, Harnum estimated it could add one per cent to the tonnage of waste being hauled locally.

"But we think this is an isolated issue," he noted. "There would have to be dump trucks full of snow going into the transfer station to make a huge effect."

The Region will be assessing a fine to the contractor based on the results of its investigation, said Harnum.

GTAA

GTAA Annual Public Meeting

The Greater Toronto Airports Authority (GTAA) hereby gives notice of its Annual Public Meeting.

The GTAA is the operator of Toronto Pearson International Airport, the largest airport in Canada and one of the largest in North America in terms of passenger and air cargo traffic. In 2015, more than 41 million passengers passed through the airport. By the mid-2030s, it is estimated the airport will serve 65 million passengers per year.

Date: Wednesday, May 11, 2016
Time: 1:30 p.m.
Location: Toronto Congress Centre, Sutherland Room, 650 Dixon Road, Toronto
Parking will be validated.

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Corporate Secretary

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BI-WEEKLY $129 72 MONTHS | ALL IN PRICE ~~$15,995~~ $14,995 STK# 5RA3454A

2012 TOYOTA COROLLA CE CONVENIENCE PACKAGE

BI-WEEKLY $117 72 MONTHS | ALL IN PRICE ~~$14,995~~ $13,495 STK# 6CO6462L

2012 TOYOTA PRIUS BACKUP CAMERA

BI-WEEKLY $143 72 MONTHS | ALL IN PRICE ~~$16,995~~ $16,495 STK# 5PR6022L

2012 TOYOTA CAMRY LE

BI-WEEKLY $139 72 MONTHS | ALL IN PRICE ~~$18,995~~ $15,995 STK# 5CA1086L

2013 TOYOTA SIENNA LE

BI-WEEKLY $225 72 MONTHS | ALL IN PRICE ~~$26,995~~ $25,995 STK# 5SI3740L

2014 MATRIX TOURING PACKAGE

BI-WEEKLY $138 84 MONTHS | ALL IN PRICE $17,995 STK# 5RA3885L

2013 RAV4 XLE FWD

BI-WEEKLY $217 72 MONTHS | ALL IN PRICE $24,995 STK# 6RA6946L

Ontario brew pays tribute to Eagles of Death Metal

COLLABORATION

Part of proceeds will benefit families of Paris attack victims

Four months on from the horrific Nov. 13 terrorist attack on their gig at Paris's Bataclan Theatre, Eagles of Death Metal are proudly rocking on in defiance of senseless violence with an unlikely ally: music-lovin' Bowmanville microbrewery Manantler.

Manantler and the Eagles announced on Thursday that they are partnering up on a new brew — dubbed "Boots Electric IPA" in honour of frontman Jesse Hughes' chosen nom de rock — that will see $1 from each bottle sold funneled to families of the 130 victims of the Paris massacre through co-founder Josh Homme's Sweet Stuff Foundation.

The whole idea came together so quickly that Manantler co-owner James Gorry hasn't had time to actually brew a batch of Boots Electric IPA yet. But, in fittingly Eagles-like fashion, the band eagerly came on board the moment it saw one of in-house designer Rachel Riordan's three pitches for the label: a garish, hot-pink-and-blue affair featuring a caricature of Hughes riding a sunglasses-sporting tiger. (They passed on the one with the unicorn, which would probably also have been awesome.)

"It's a charity thing, obviously. But if you've seen the label then you know it's also about fun and rock 'n' roll," says Gorry, a musician himself who plays in 905 punk outfit Tijuana Jesus and the Bradleyboy-affiliated Billard Blossom combo.

The Bataclan attack, he says, was "pretty personal for me, just because I've been going to concerts since I was 11. It really f—ed me up. Any kind of attack like that where innocent people are dying is no good, but for some reason it was worse for me because I could place myself or any of my friends or every person I've ever seen at a concert there."

Manantler Craft Brewing Co.'s brewmaster James Gorry is flanked by illustrator Rachel Riordan, left, and president Chris Allot at the Bowmanville brewery on Wednesday. COLE BURSTON/TORSTAR NEWS SERVICE

Riordan whipped up the designs in two days and, once the band took a look at them, Boots Electric IPA was born. A tentative date of May 7 is set for the ale's unveiling, to coincide with the band's return to Ontario in May. Eagles play the Opera House on May 7.

TORSTAR NEWS SERVICE

ENVIRONMENT

Air gets better in Toronto

Jessica Smith Cross
Metro | Toronto

Toronto's days as The Big Smoke may be numbered.

A government report released Wednesday shows air quality in the city — and Ontario as a whole — is continuing to improve as pollutants churned out by vehicles and industry get snuffed out.

In Toronto, nitrogen dioxide concentrations were down 36 per cent between 2005 and 2014 and sulphur dioxide concentrations were down 75 per cent.

The report found that 2014 was the first year since the smog advisory program began in 1993 that no advisories were issued in Ontario. That's down from a peak of 48 smog advisory days across the province in 2005.

A Ministry of Environment and Climate Change spokesperson credited the decision to eliminate coal-fired electricity in Ontario as one of the things leading the change.

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Arena needs mouse clicks

FLEMINGDON PARK

Rink requiring upgrades a finalist in online contest

Gilbert Ngabo
Metro | Toronto

The Angela James Arena is in need of a substantial upgrade — and a few clicks of the mouse could go a long away toward a solution.

The Flemingdon Park arena serving more than 200 youth is among this year's ten finalists for the Kraft Hockeyville competition, with the winner taking home a hefty $100,000 prize and a chance to host an NHL pre-season game.

As hockey coach Mohammad Yunus puts it, victory should be easy: "All we need is for everyone in Toronto to vote for us."

Named after local legend and hall-of-famer Angela James, the city-run arena is the only one in Flemingdon Park, offering, among other things, skating lessons to kids from nearby schools. It's also the training and competition rink for local hockey leagues.

But, there are problems. The heating system is not fully functional, and, sometimes, the arena gets so cold that bottled water left sitting around freezes.

The roof has been damaged and sometimes leaks. Plus, there isn't enough space for parents and community members to watch hockey games, Yunus said.

One of the biggest challenges is inadequate change rooms. With the increase of female hockey players — there's about 50 per cent gender parity in active players at rink — the locker rooms are too small to accommodate all players, Yunus said.

For the community mostly made up of recent immigrants, hockey has been a uniting force.

"Some parents don't even speak English and have never been on ice before," Yunus said.

"But once their kids learn to skate, they all become quickly involved in the community."

Pro-Action Hockey League Atom players, aged 8-9, line up before a game at Angela James Arena last year. COURTESY YASMEEN TIAN

HOW TO MAKE A DIFFERENCE

The Angela James Arena is the only Toronto facility in the finals for the Kraft Hockeyville competition.

Others include Pat Duke Memorial Arena in Lumby, B.C., Cap Arena in St. Paul, Alta., Arena St. Isidore in Quebec and King's Arrow Arena in Oromocto, N.B.

You can vote for the 10 finalists from March 13 at khv2016.ca.

ECONOMY

Ontario has best film year

The provincial government says Ontario's film and television industry had its best year ever in 2015.

The ministry of tourism, culture and sport says the industry poured $1.5 billion into the province's economy and supported almost 32,500 direct and associated jobs last year.

That's an increase of almost 4,500 jobs over the previous year.

It says domestic productions accounted for half of the total spending on film and TV, although foreign spending rose 52 per cent from the previous year to $763 million.

Some of the productions that included work done in Ontario are the Oscar-winning films Room and Spotlight.

The government says Ontario is the top film and TV production centre in Canada and the third largest by volume in North America, after California and New York.

THE CANADIAN PRESS

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Video game strictly for the birds

FLAP

Clash of the Talons released at annual dead birds exhibit

Liz Beddall
Metro | Toronto

A new video game is taking wing, and creators are hoping its message will help local birds get a soaring chance at survival.

Clash of the Talons, produced by Last Hour Games and unveiled Wednesday at the ROM, is an animated game aimed at teaching people about conservation and migration. The game went public during the annual exhibit of birds collected through the Fatal Light Awareness Program (FLAP), which is trying to reduce the number of deaths caused by collisions with buildings.

"FLAP is proud to work with the ROM and inspire the museum's visitors to learn more about the importance of protecting bird populations," said Michael Mesure, executive director of FLAP Canada.

Mesure said the 2,100 birds on display Wednesday represent only a small portion of annual fatalities.

"Collisions with buildings is now the second-leading cause of bird death across Canada," says Mesure, adding that the only fluctuation he's seen in the number of deaths is because bird populations are, literally, plummeting.

"There are selected individuals out there that are making a point of trying to make their buildings safer for birds," he added, pointing to the positive effects of reducing the amount of light that comes from windows and placing markers on windows that keep birds away.

As part of FLAP's mission, Mesure and his team see to it that the collected birds don't die in vain.

"Of the 2,100 birds you see here, the bulk of these will go to different research projects — DNA samples, tissue samples and public displays," Mesure said. "A good bulk of the birds that the ROM's ornithological department displays were brought to them by us."

Michael Mesure, executive director of FLAP Canada, says their annual exhibit "represents a very, very small selection of the birds that are dying in the downtown core." To date, the organization has collected 75,000 birds from 170 species that have died as a result of collisions with buildings. LIZ BEDDALL/METRO

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FOOD

BeaverTails giving T.O. a treat

A Canadian tradition is coming to Toronto — in a big, tasty, deep-fried way.

BeaverTails will open its first walk-in store in the city on March 19. Located at 145 Queens Quay W., directly south of the Rogers Centre, the eatery will be the company's largest in Ontario.

While it is the first BeaverTails storefront to hit the city, it's definitely not the brand's first venture into the market.

A food truck spent last summer serving up sweet treats at the same location slated for the permanent storefront. And, of course, BeaverTails trucks are a staple at most festivals.

There's a sweet party planned from noon to 3 p.m. on the store's opening day. And, yes, there will be free samples on offer. METRO

Expect to see some tasty treats like these on Queens Quay later this month. TWITTER/@BEAVERTAILS

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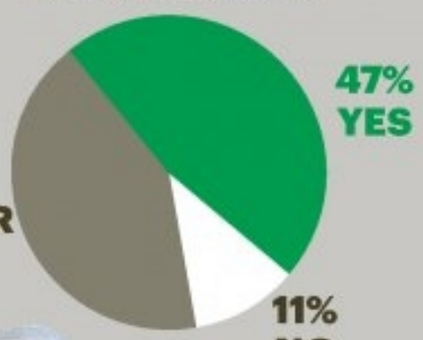
Canada's take on the U.S.

With Prime Minister Justin Trudeau heading to the White House and the American primaries dominating conversation, the Angus Reid Institute looked into views Americans and Canadians have about their respective countries — and each other. Some of things they found were surprising. METRO

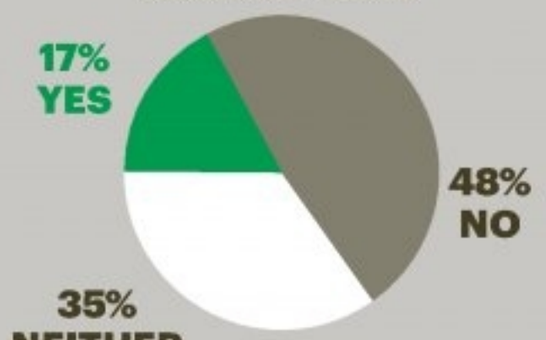
AMERICANS LOOKING AT CANADA



Participants were asked to answer the question:

IS THIS A COUNTRY I WOULD BE PROUD TO LIVE IN?

CANADIANS LOOKING AT THE U.S.



Participants were asked their opinion on different subjects. The results are based on number of positive answers.

GRAPHICS: ANDRES PLANA/METRO

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SPACE FLIGHT

Researcher team to study weightlessness

Thandi Fletcher
Metro | Vancouver

A Simon Fraser University researcher is taking an upside-down approach to better understand the impact of long-term space flight on the human body.

Andrew Blaber, who teaches kinesiology, and his team will monitor 20 test subjects who will spend the next two months completely bedridden with their heads below their feet at a slight inverted, six-degree angle — a state that is meant to mimic the effects of space flight.

The participants will carry out all their daily activities in bed, from reading and eating to washroom breaks and showering, while scientists study their physiology to determine how space flight affects astronauts on their return to Earth.

Blaber will be studying the link between the cardiovascular system and the system in charge of controlling the body's posture

The goal is to help astronauts become better prepared for spending extended periods of time in outer space prior to missions.

IN BRIEF

Manitoba First Nation declares state of emergency over suicides
A remote Manitoba First Nation declared a state of emergency Wednesday after six suicides in the last two months and 140 attempts in the last two weeks. THE CANADIAN PRESS

B.C. lawyers set up hotline for victimized Muslims
Legal groups and lawyers in Vancouver have banded together to launch a hotline for Muslims who have faced discrimination in British Columbia because of their religion.
THE CANADIAN PRESS

Dessert items are seen during a preview a day before the State Dinner for Canadian Prime Minister Justin Trudeau at the White House on Wednesday in Washington, D.C.
AFP/GETTY IMAGES

The first course of the state dinner in the State Dining Room at the White House.
GETTY IMAGES

ON THE MENU

'A wonderful juxtaposition of flavours'

The best of America's spring produce, with a little help from some Canadian whisky, will feature heavily on the menu for the state dinner Thursday night to mark Justin Trudeau's first prime ministerial visit to the U.S.

The first course at the White House will see the Trudeaus and the Obamas dine on Alaskan halibut "casseroles" with cepes, delicate angel hair asparagus, chanterelles, baby onions and lardon and herbed butter. This will be followed by roasted apricot galette with Appalachian cheese, heirloom lettuces and pine nut crisps.

The menu says the state dinner features ingredients from the Pacific Northwest to the Atlantic coast.

"With a mindfulness to the coming of spring, White House executive chef Cris Comerford and executive pastry chef Susie Morrison will present dishes highlighting elements of the season and the best of America's farms and seas," says the menu.

"One of our canapes is actually a duck poutine," said Comerford as he described Hudson River duck shaved on fries with gravy and cheese.

The vegetables for the first course come from a farm in Ohio and the herbed butter is sourced from Michelle Obama's White House kitchen garden.

The main course consists of a herb-crusted lamb from Colorado, Yukon Gold potato dauphinoise and lightly sautéed spring vegetables.

"As a finishing touch, the dish is drizzled with Yukon Jack Canadian Whisky," reads the menu.

Three wines will be served: Pence Chardonnay "Sebastiano" 2013 with the second course, Cliff Lede "High Fidelity" 2012 with the main course and Chateau Chantal Ice Wine 2013 with dessert. THE CANADIAN PRESS

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Trudeau's visit a trip of firsts

DIPLOMACY

PM, family land in Washington ahead of White House dinner

Justin Trudeau's first prime ministerial visit to the United States got underway Wednesday as he stepped off the airplane with his wife and children to begin a trip unique in the recent history of Canada-U.S. relations.

Anticipated announcements on bilateral issues like climate change, next-generation border security and the Arctic are merely one tranche of the story of the three-day trip.

It's also a snapshot in time. The highlight will be the first state dinner for a Canadian in 19 years at a moment where two sympatico progressive leaders hold office and the Canadian one also happens to be unusually well-known here.

The visit has prompted a rare degree of American media attention. A more gushing example was in the tabloid Politico headline, "Justin Fever Hits Washington," followed by a story where a senior White House official admitted having a bit of a crush on the young leader from the north.

It also comes so late in Barack Obama's tenure that one official couldn't say whether or not this state dinner — the 11th of his presidency — might be his final one.

Denison Offut said there's plenty fertile ground for cooperation on substantive files.

"The leaders are progressive, forward-looking, and have very similar common values and agendas," said Offut, director for North American affairs.

One could revolutionize the way Canadians and Americans enter each other's country by allowing pre-border customs screening — in train stations, bus stations, on ships and off highways the same way it already occurs in several Canadian airports, with the goal being smoother travel through choke points.

The climate agreements will include components on the Arctic and commitments to reduce methane-gas emissions, and help developing countries cope with the effects with environmental change. Some third-party groups consulted on the trip also expect announcements on clean technology.

The prime minister landed at Andrews Air Force Base and emerged alongside his wife Sophie Gregoire-Trudeau and their three children — Xavier, Ella-Grace and Hadrien.

Thursday is the main meeting with President Barack Obama in the morning, followed by meetings with senior members of Congress and the state dinner in the evening. THE CANADIAN PRESS

Justin Trudeau holds his son Hadrien as he steps off the plane. PAUL CHIASSON/THE CANADIAN PRESS

Canadian Prime Minister Justin Trudeau, his wife Sophie Grégoire-Trudeau and their children stand for the playing of the Canadian and United States National Anthems after their arrival at Andrews Air Force Base, Md., Wednesday, March 9, 2016. CLIFF OWEN/THE ASSOCIATED PRESS

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Trump calls for a united front

REPUBLICAN NOMINATION

Frontrunner says he'd beat Clinton with party backing

Donald Trump called for Republicans on Wednesday to rally behind his presidential candidacy after he cruised to primary victories in three more states, declaring that he could not be defeated in the November general election as the standard-bearer of a united party.

On the Democrat side, Vermont Sen. Bernie Sanders handed former Secretary of State Hillary Clinton a surprise loss in the industrial state of Michigan, increasing the likelihood that the contest for the party's nomination could stretch into early summer. Clinton, however, crushed Sanders in the southern state of Mississippi, continuing to win a large margin among black voters.

Speaking to MSNBC on Wednesday, Trump said: "If the Republican party unites behind us, nobody can beat us."

But Trump evaded questions about how he would carry out his campaign promises, especially his boast that he would build a wall along the Mexican border to stop illegal immigration and make Mexico pay for it.

He did concede that he is not doing as well with women voters because of the stinging language of his campaign. "I can see women not necessarily liking the tone (of the campaign), but I had to be very harsh to win," he said of his brutal counterattacks on party elites and fellow candidates, particularly Florida Sen. Marco Rubio and Texas Sen. Ted Cruz.

DEMOCRATS

Clinton increased her delegate lead by sweeping Mississippi and is now halfway to the number needed to clinch the nomination.

Donald Trump called for Republicans to rally behind him. GETTY IMAGES

Trump has won 15 of 24 Republican nominating contests so far, but he must do better to win the nomination. His lead over Cruz grew by only 15 delegates Tuesday because all four states awarded delegates proportionally, so even the second-place finisher got some.

Cruz captured the Idaho primary and Rubio, the favourite of the party establishment, failed to pick up any delegates Tuesday. He needs to win home state Florida next week to stay in the race.

THE ASSOCIATED PRESS

Eclipsed by wonder

People gazed at the sky and cheered while others knelt in prayer as a total eclipse of the sun unfolded over Indonesia Wednesday, briefly plunging cities into darkness and startling wildlife. The rare phenomenon was witnessed along a path that stretched across 12 Indonesian provinces encompassing three time zones and about 40 million people. A partial eclipse was visible in other parts of the archipelago, a swath of Asia and northern Australia. Thousands flocked to Indonesia from abroad and the government, which has been the promoting the event for more than a year, forecast a substantial tourism boost. THE ASSOCIATED PRESS; PHOTOS: AFP/GETTY IMAGES

1 The solar eclipse from Banda Aceh, Indonesia.

2 The moon passing in front of the sun during a partial solar eclipse in Manila.

3 Acehnese people watch from Banda Aceh.

Refugees flow into border camp

GREECE-MACEDONIA

Migrants' hopes dashed as told they can go no further

People queue for food at a makeshift camp at the Greek-Macedonian border on Wednesday, near the Greek village of Idomeni, where thousands are trapped by a border blockade. AFP/GETTY IMAGES

Still more refugees were arriving at the overflowing Idomeni camp on the Greek-Macedonian border Wednesday despite the gates being shut following a European Union-Turkey summit and a decision by countries further up the Balkan route to allow through only people with valid EU visas.

Despite the border closure and increasingly poor conditions, dozens of new arrivals were walking the more than 15 kilometres from a nearby petrol station, men, women and children using flimsy ponchos to ward off the worst of the rain and humidity to reach Europe's largest refugee bottleneck.

In the camp and surrounding fields, thousands sheltered from the driving morning rain any way they could. They huddled in tents pitched in increasingly muddy and swampy fields, trying to insulate their temporary homes by spreading blankets and plastic sheeting over the top.

By the border gate, through which nobody had passed since dawn on Monday, men, women and children slept in a large tent for those who had reached the front of the queue to cross, huddled on the ground and covered by grey blankets handed out by the United Nations refugee agency. A colorful banner made with clothes, blankets and strips of cloth hung on the border fence above coils of razor wire, reading "Made in EU."

The mood was grim and confused, with many seemingly in denial that this muddy field is where their onward journey ends, far from the better lives they dreamed of in more prosperous European countries such as Germany.

"I don't know anything," said 17-year-old Ahmed Merza from Qamishli in Syria, who has been in Idomeni for eight days with his sister. "This is bad news for us — like a bomb."

> **Greece is a poor country, for us and for the people.**
> Ahmed Merza

Like thousands around him, Merza wanted to go to Germany. "I'm sad," he said. He didn't consider staying in Greece to be a viable option, saying that "Greece is a poor country, for us and for the people."

For others, the conditions were just too much to bear, and about 200 people boarded buses bound south for refugee camps in and around Athens or other parts of Greece. Greek officials have said they will not evacuate the camp by force.

"This is horrible, unbelievable, unbearable. There is war in my country, and they are closing the border," said Mahmoud Hassan, a 23-year-old Syrian. "Where are we supposed to go? Please if you can do anything - help us. The situation is very, very terrible."

THE ASSOCIATED PRESS

UNITED STATES

Raw milk party ends in illness

Some West Virginia lawmakers and Capitol staffers had a very bad weekend after drinking raw milk to celebrate a law loosening restrictions on the product.

Now state health officials are investigating whether the milk was to blame for their fever, vomiting and diarrhea, and weighing allegations the raw-milk party broke the law.

So far, health officials say they haven't received medical reports of illnesses related to the dangerous bacteria that can live in raw milk, including Campylobacter, Listeria, Salmonella and E. Coli.

The lawmaker involved, Scott Cadle, who also stayed home sick Monday, blames the illnesses on an unrelated stomach virus circulating the Capitol.

"Everybody up there is getting it," said Cadle. "It's a stomach virus. It didn't have nothing to do with that milk." Gov. Earl Ray Tomblin signed a bill last Thursday that will let people share milk-producing animals and drink raw milk under certain conditions.

THE ASSOCIATED PRESS

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Egg farmers pushing back

CAGE-FREE HENS

Big restaurant chains shun enriched cages compromise

Hens on a free-range farm in Canada. COURTESY WORLD ANIMAL PROTECTION

Some 17,000 hens and one rooster at Roger Pelissero's egg farm in West Lincoln, Ont., live in cages that may be the envy of most other hens in Canada.

The cages, which are about 1.5 metres wide and 3.7 metres long, contain about 60 hens per colony and are outfitted with perches, a scratch pad and two partitioned nesting areas for laying eggs in private.

But as major restaurant chains increasingly promise to dish out eggs solely from hens not confined to cages, they shun enriched caging — a compromise that Pelissero and other Canadian egg farmers hope that hens, farmers and consumers can live with.

Pelissero's hens once lived in battery cages, a type of housing that only offers each bird the living space of about a standard piece of paper. In 2013, he upgraded to enriched cages, which allow hens to exhibit more natural behaviours, like dust bathing.

About 90 per cent of hens in Canada currently live in battery cages, according to the Egg Farmers of Canada. The remainder are in enriched cages, indoor free-run systems or free range.

Pelissero considered shifting to a cage-free alternative but decided against it due to health concerns for his birds and workers, mostly family.

Cage-free housing can mean more dust and ammonia in the barn because hens aren't completely separated from their litter, said Peter Clarke, chairman of the Egg Farmers of Canada.

People working in free-run set-ups can suffer short-term respiratory problems, found a 2015 study by the Coalition for Sustainable Egg Supply.

Birds in free-run systems died more frequently, pecked at other hens more aggressively and their keel bones showed more damage than their battery cage counterparts. The hens in free-run systems were also more likely to die of cannibalism. THE CANADIAN PRESS

+ CONSUMERS

Grocery stores offer shoppers a choice of eggs

Canadian consumers are egg farmers' No. 1 clients and the grocery stores they shop at still offer a range of choice, including certified organic eggs (which are always free-range) and those from enriched housing. But if public opinion joins the changing corporate tide, Canada's egg farmers may have to reconsider their stance.

ISTOCK

COMPUTERS

Google's AI beats Go champ

Google's computer program AlphaGo defeated its human opponent, South Korean Go champion Lee Sedol, on Wednesday in the first face-off of a historic five-game match.

AlphaGo's victory in the ancient Chinese board game is a breakthrough for artificial intelligence, showing the program developed by Google DeepMind has mastered one of the most creative and complex games ever devised.

Commentators said the match was close, with both AlphaGo and Lee making some mistakes and a result that was unpredictable until near the end.

Lee's loss was a shock to South Koreans and Go fans. The 33-year-old initially was confident of a sweeping victory two weeks ago, but sounded less optimistic a day before the match. THE ASSOCIATED PRESS

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metro VIEWS
Your essential daily news
Thursday, March 10, 2016

CHANTAL HÉBERT: ON CONSERVATIVE CAMPAIGN CASH

For seasoned politicians, the leadership game is worth playing only if one has a reasonable chance of finishing with a score high enough to not lose face. And achieving that in the expensive Conservative environment will be costly.

It is a political rule of thumb that defeated incumbents tend to drown their sorrows in money and it turns out the federal Conservatives are no exception.

At $5 million, the spending limit imposed on each of the candidates who will vie to replace Stephen Harper between now and next spring is more than five times higher than the maximum allowed for the leadership contest that resulted in Justin Trudeau's election.

But it is in the same general ballpark as that set by the Liberals immediately after they lost power to the Conservatives in 2006.

Over the campaign that ended with Stéphane Dion's victory, the candidates were allowed to spend almost $3.5 million each — down from $4 million at the time of Paul Martin's quasi-coronation in 2003.

In between the two Liberal leadership contests, more restrictive Elections Canada fundraising rules had come into effect. Corporations were no longer permitted to dish out generous helpings of money to their favourite candidate. Only individuals could contribute a modest amount of money.

In 2006, the Liberals were the first to try out those new rules and the result was a collective disaster.

By the time the campaign ended, more than half the 11 candidates were mired in debt. Over the years that followed their efforts to pay off those debts put a cramp on the party's fundraising efforts. (Unlike the Conservatives today, the Liberals could at least count on a public per-vote subsidy for most of that period.)

To top it all, the 2006 Liberal campaign did not yield a winning leader.

The Conservatives apparently believe they are immune to those risks. Not that they have any experience with the process — Harper was selected under the old free-for-all system.

Under the lax rules of the recent past, a leadership candidate with deep pockets such as Belinda Stronach was able to make up for her political outsider status by financing her own campaign.

But in this contest, businessman Kevin O'Leary would be forbidden to tap into his own considerable financial resources. Instead he would have to find supporters to finance his campaign $1,500 at a time.

The immediate impact of the high spending limit the party has settled on will likely be to give an added incentive to the other prospective candidates to wait for a clear signal from Jason Kenney and Peter MacKay as to their leadership intentions.

If both former ministers run, they will suck a lot of money out of the donation pool, and be well positioned to compound their front-running status by outspending the competition.

In this contest, the ability to finance a truly national campaign will be crucial.

For it will not be good enough to sign up a lot of members in a given region. Each riding — whether its membership is in the thousands or less than 50-strong — will be worth 100 points to be split among the candidates based on the percentage of their support.

In theory, a candidate could come first in the 99 ridings the party currently holds but still lose by not doing well in the 239 that are not currently represented by a Conservative MP in the House of Commons.

And if you think that is an extreme scenario, consider that, on balance, Kenney is best placed to score high in many of the Conservative-held ridings but MacKay could be an easier sell in most of the non-conservative ones.

There are of course more ways to gain from a leadership campaign than by becoming leader.

Brian Mulroney, John Turner, Jean Chrétien and Paul Martin all built subsequent leadership victories on an initial failed bid.

In a polarized contest between two front-runners, it can also be a winning strategy to start off from behind with the goal of becoming everyone's second choice.

When Dion entered the 2006 campaign, he was considered a placeholder whose sole mission was to represent Quebec in the lineup dominated by Michael Ignatieff and Bob Rae.

But for seasoned politicians, the leadership game is worth playing only if one has a reasonable chance of finishing with a score high enough to not lose face. And achieving that in the expensive Conservative environment will be costly.

POTENTIAL PAIRING If former cabinet ministers Jason Kenney and Peter MacKay both run for the leadership of the Conservative party, they could drain the donation pool and bolster their front-running positions by outspending the rest of the competition, Chantal Hébert writes.
THE CANADIAN PRESS

Under the lax rules of the past, a leadership candidate with deep pockets was able to make up for outsider status by financing her own campaign.

Chantal Hébert is a national affairs writer. Her column appears in Metro every Thursday.

ROSEMARY WESTWOOD

metroview

Required reading for all Canadians on doctor-assisted death

We are watching the slow march towards medical-assisted death laws in Canada. But despite a looming June deadline, all is far from settled.

For years, in poll after poll, a wide majority of Canadians have supported physician-assisted death, in a very specific case: When an adult is terminally ill. The results were 67 per cent in 2011, 84 per cent in 2014 (when someone is "suffering and repeatedly asks for help to end their life"), and 77 per cent last August.

Months earlier, the Supreme Court had ruled that competent adults, facing intolerable suffering from an irremediable and grievous medical condition, have a charter right to physician-assisted death.

The Supreme Court decision was succinct, to the point of omission. It did not discuss mental illness, the rights of minors, or advance requests for an assisted death.

It left a joint Senate-Commons committee in a position to recommend detailed laws, and the committee took almost every chance to make them as broad as possible. The mentally ill and minors should be eligible, its report says, and advance requests allowed.

Those recommendations have neither the polls to prove general support from Canadians, nor the explicit foundation of a Supreme Court ruling. Four members wrote a dissenting report.

And the recommendations also don't have the support of the Canadian Medical Association, which objects to the suggested requirement that physicians "provide an effective referral for the patient."

Catholic leaders, unsurprisingly, also object. In an outraged and at times condescending tone, Cardinal Thomas Collins, Archbishop of Toronto, condemned the committee's report in a letter read at masses on Sunday. "Some people" believe life has no value after a certain point, "since they cannot function as they once did," Collins wrote, and he warned compassion is "a shaky foundation for social policy."

Both statements are misleading. Compassion is not the basis for new laws — the charter is. It is not "some people" who want some kind of assisted-dying law — it is a large majority of Canadians. But Collins perhaps isn't wrong to wonder how many Canadians realize the scope of assisted dying currently on the table.

Which isn't to say the scope is too broad. I don't yet know myself where I stand on the recommendations.

But given the dramatic change upon us, perhaps now is the odd time I'll recommend you read, in full, a 60-page parliamentary report, and prepare yourself for the implications.

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metro LIFE
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Goodbye "cone of shame" — the Cover Me by Tui onesie is a post-surgical garment for dogs. "The fabric is breathable so it promotes healing," says company founder Stephanie Syberg.

Questioning parenting norms

Author Heather Shumaker advocates giving children more freedom to sort out issues like sharing and rough play. ISTOCK

NEW BOOK

Heather Shumaker wants kids to run and yell

Homework? Ban it! Circle time? Not for every kindergartner. Forced sharing? How about letting a kid play with a toy until she's done?

Those are just a few of the ideas that Heather Shumaker advocates as "renegade" in a new book, It's OK to Go Up the Slide, an extension of her first parenting guide, It's OK Not to Share.

Shumaker is the mom of two boys, ages 11 and 8, in Traverse City, Mich. As a youngster, she was a student where her mother taught for 40 years in Columbus, Ohio, the unorthodox School for Young Children. Free play was encouraged and teachers did things like providing boxing gloves to children to learn how to navigate rough play.

"Children who come out of that program are unusually skilled in conflict mediation and coping with their emotions," says Shumaker, who is 48.

The new book, out in March, extends her outlook from very young children she focused on the first time around through the middle school years.

Can you talk about the gap between what we, as adults, know about kids and what we actually DO about kids?

We know a lot more about brain development and the value of play than we ever have before and yet we're kind of doing the opposite. Back when I was a kid, we didn't know much about brain development but we trusted kids more, so we were willing to trust their play. If it involved toy weapons, we were willing to go with it.

Now, we know a lot more about the benefits of free play and how that affects learning, the benefits of big-body play — running around, bicycling, yelling, wrestling, but I think there's a culture of fear.

How do parents need to reinvent parenting? You say we have to be willing to tip what we know upside down, become renegade parents.

We accept a lot of parenting habits as truth, whether it's don't talk to strangers or safety first or do your homework. These are things that we just accept as sacred mantras. These conventions become our habits generation to generation. And yet the more we learn and through some of the research, these are just plain wrong.

You talk about the importance of parents taking off their "adult lenses." Can you explain what you mean by that?

We're very good at adult amnesia, forgetting what it's really like to be a kid. So if a kid doesn't do what she's told in the kindergarten circle time, she's labelled as defiant. You know, they're not going to fit into society, they're going to become that loner that causes problems. ... We really leap to a lot of conclusions, but a kid doesn't have to do what the group's doing so long as their actions don't disrupt the group. Adults sometimes need to let kids do what they do.

THE ASSOCIATED PRESS

6 MORE BOOKS ABOUT FAMILIES TO CHECK OUT

When family members come together, the results can be explosive. Here are six new reads about family relationships that pack an emotional punch. TORSTAR NEWS SERVICE

The Good Goodbye
Carla Buckley

Buckley's fourth novel begins when Natalie, a Washington restaurateur, learns her daughter, Arden, and niece, Rory, have been hospitalized following a fire in the college town where they live. Another student is dead. As the arson investigation unfolds, Natalie discovers disturbing facts.

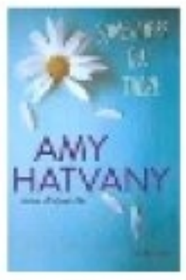
The Guest Room
Chris Bohjalian

Richard, a mergers and acquisitions guy, agrees to host his younger brother's bachelor party, complete with two strippers and a couple of Russian bodyguards. At the end of the evening, the Russians are dead and the strippers have fled.

The Three Sisters Bar and Hotel
Katherine Govier

The big question at the heart of this sweeping saga concerns the fate of the Hodgsons — an archeologist, his wife and two adult children — who disappear during an expedition at the beginning of the book.

Somewhere Out There
Amy Hatvany



In 1980, Jennifer was living in her car with two small daughters, Natalie, 6 months, and Brooke, 4, and pilfering food to feed them. When she is caught and incarcerated, the children are taken from her. The novel picks up the lives of the mother and daughters 35 years later.

Hurt People
Cote Smith

Cote Smith is a young writer who grew up in Leavenworth, Kan., famous for having "more prisons than restaurants" — a county jail, a juvenile facility, a woman's prison and the most notorious of all, the mile-long federal penitentiary. And it is Leavenworth, in 1988, that is the setting for Smith's debut novel.

She's Not There
Joy Fielding

Carole and Hunter Shipley's two-year-old daughter, Samantha, vanished 15 years ago from a Mexican hotel room while her parents had dinner in the restaurant downstairs. The novel opens on the anniversary of the disappearance, with Carole dreading the annual onslaught of media attention.

Police shootings influencing crime genre

BLACK LIVES MATTER

Fiction writers taking a page from today's racial tensions

Walter Mosley, best known for Devil in the Blue Dress and other novels featuring the black detective Easy Rawlins says he has been working on a new book. It's about a former New York City policeman investigating the shooting of two officers by a black man. The investigator then learns that the officers had tried to kill the man first.

"In the end he realizes that he has to come to some kind of understanding about how the system works, that his own sense of law and justice is never going to work for him," says Mosley, who is calling the novel Detective, Heal Thyself.

The wave of police violence that helped launch the Black Lives Matter movement is also influencing a genre that captured tensions between police and non-white communities well before the rise of social media and cellphone videos.

Publishers and writers say that story lines known to readers of Mosley, Eleanor Taylor Bland or Gary Phillips, will likely become more common and intense.

"This particular issue has long and faithfully been represented in crime fiction," said Joshua Kendall, editor-in-chief of the crime fiction imprint Mulholland Books.

"It's simply that much of the fiction has been overlooked, just as the actual rate of abuse overlooked by media until now. That said, we need and want more fiction about it. The curiosity, concern and appetite seem to have finally grown."

But crime fiction is no more diverse than much of the book world and, at least in the near future, many narratives that take on race will likely come from white authors such as David Baldacci, Ben Winters and Trudy Nan Boyce. Baldacci's novel The Last Mile, scheduled for April, tells of a black man on death row and the likelihood he was wrongly convicted.

Kendall is, however, trying to change the visibility of black writers. He has agreed to a multi-book deal with Attica Locke and says he is looking to sign up other black writers.

Phillips, who set his 1994 novel Violent Spring in the aftermath of the Los Angeles police beating of Rodney King, said he was hoping that younger authors such as Aaron Philip Clark and Desiree Zamorano would tell stories reflecting more recent events.

"The old days of the PI with just a file and an address and a sexy secretary are long dead," said the 60-year-old author.

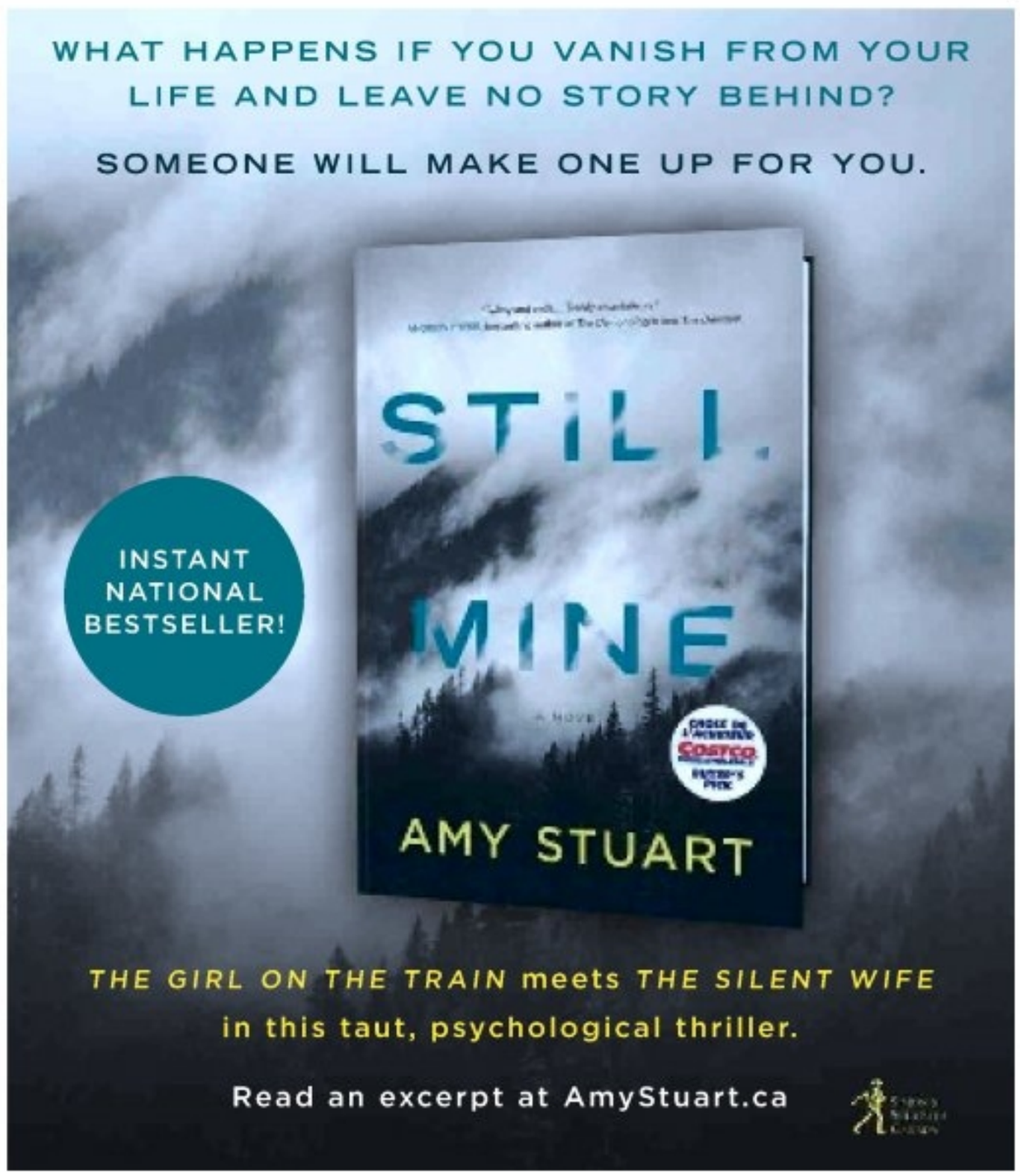
"Back in the 1980s and '90s writers like me and Walter Mosley and Paula Woods pushed the envelope forward and looked at different issues. I think the younger folks will do even better pushing it forward more. You have writers in this field who are going to be able to use things like Ferguson and what's happening on college campuses."

"Everyone knows of Walter Mosley, and there have been other excellent black crime writers published in recent years, such as Paula Woods," says Mark Tavani, vice-president and executive editor of G.P. Putnam's Sons.

"But in my experience these writers are a small percentage of those I see. As the larger discussion about race and justice engages more people, I can see that changing." THE ASSOCIATED PRESS

"The old days of the PI with just a file and an address and a sexy secretary are long dead. You have writers in this field who are going to be able to use things like Ferguson and what's happening on college campuses.
Gary Phillips, author

Devil in the Blue Dress author Walter Mosley's latest novel centres around racism and the justice system. RICK MAIMAN/THE ASSOCIATED PRESS



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REVIEW

Bloody fun back in print

Mike Donachie
Metro | Canada

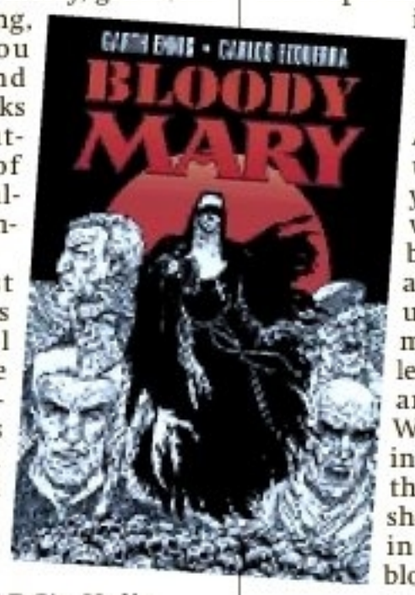
Bloody Mary
BY: Garth Ennis and Carlos Ezquerra
PUBLISHER: Image Comics

Be warned: This book is not subtle.

Back in print for the first time in a decade, Bloody Mary takes us to the dystopian future of 2012 (yes, really), and is an unrelenting bloodfest.

The title character, Mary Malone, is an indestructible commando assassin killing her way across fascist Europe in the name of freedom, while dressed as a nun. Just go with it.

This one's a treat for action fans, because few people write a battle scene like Preacher's Garth Ennis and nobody draws one like Judge Dredd co-creator Carlos Ezquerra. It's messy, gruesome and exciting, and, if you don't mind comic books with an utter lack of depth, really entertaining.



The best part is this material used to be scarce, because it's only been reprinted once since it was first published as part of DC's Helix imprint in the mid-'90s. It's great to see it back, even if it is a guilty pleasure.

Butcher's Hook a gory debut

JANET ELLIS

From sunny kids TV show host to dark gothic novelist

Sue Carter
For Metro Canada

If you grew up in the U.K. during the past five decades, it's likely that you were weaned on the iconic BBC kids program Blue Peter. It's also likely that you're familiar with its one-time presenter, Janet Ellis, who has spent her career since the age of 21 in front of the camera.

But now, at 60 years old, Ellis has found a new role as debut novelist with her book The Butcher's Hook, published in Canada with House of Anansi Press.

Set in 18th-century Georgian London, the dark, Gothic tale is not what you'd expect from a former kids' show host, or the lovely, charming woman who interrupts her sunny vacation in Lisbon to take a media call.

The Butcher's Hook follows Anne, a clever, unsentimental young woman whose sheltered but emotionally neglectful upbringing has made her ruthlessly independent and calculating. When Anne falls in love with Fub, the butcher's son, she demonstrates, in a particularly bloody and violent way, exactly how far she'll go to get what she desires.

Ellis, who has been writing for years, says that the idea for the novel started with Anne's character.

"All I knew initially was that she was unhappy, lonely, and really shut off from the world, and that bad things had happened to her," says Ellis, who read contemporary diaries — including her own, from the ages of eight to 16 — to authentically capture the self-occupied inner life of a teenager.

"There were things happening in the world but I never worried about them," she says. "It was more about going to choir practice and there being a boy who didn't fancy me anymore."

The Georgian era, which lends the book its dark atmosphere, also allowed Ellis to create a world for Anne in which gender and class divides ruled the day, but without the broader political or social influences that would have dominated, for instance, the Victorian era.

"I think I had a predilection for the Georgian times. I live in London and you can see it around the places where the Victorians didn't come in and stomp their feet loudly," she says. "Communication was just starting to build up, and most people were still uneducated. Everyone in the book acts like they do despite history, they're not informed about what's happening in the world."

> **I love everything I've done in the past, but the book is me**
> First-time author and one-time BBC kids program presenter Janet Ellis

When Ellis's agent first presented The Butcher's Hook, it was done so under a pseudonym, out of concern that publishers would be expecting a YA novel or a story as wholesome as Blue Peter's reputation.

Despite the anonymity, the manuscript inspired a small bidding war, which resulted in a two-book deal for Ellis (she is currently at work on a second novel, set during the 1970s.)

"I love everything I've done in the past, but the book is me," she says.

"The fact that it was alone in the world on its own for a while is hugely rewarding."

Sue Carter is the editor at Quill & Quire magazine.

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1	9	5	2	6	8	7	3	4
8	7	6	3	1	4	5	9	2
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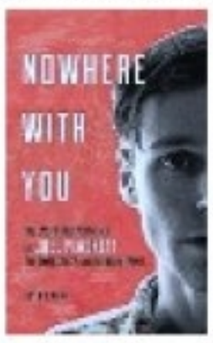
4 Books that are all about the tunes

Ranging from late '90s CanCon, to tone deafness, to an NPR legend, to Kanye vs. Swift, these four new books are for the music lovers out there. TORSTAR NEWS SERVICE

Nowhere With You

Josh O'Kane (ECW, April 1)

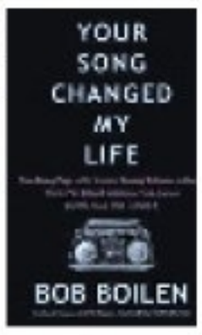
Joel Plaskett is a Canadian music legend, and this book, subtitled The East Coast Anthems of Joel Plaskett, The Emergency and Thrush Hermit, features original interviews, exclusive photos and a look at the Haligonian's early days as part of the band Thrush Hermit — everything you need to get to know him.



Your Song Changed My Life

Bob Boilen (HarperCollins, April 12)

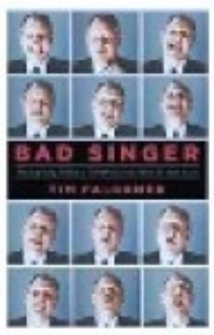
For music fans, Bob Boilen is a legend — the host of NPR's All Songs Considered and Tiny Desk Concerts, he's come up with a history of modern music as told by musicians, including Carrie Brownstein, Dave Grohl, Trey Anastasio and Michael Stipe.



Bad Singer

Tim Falconer (Anansi, May 14)

A slightly different type of music title, in this one, subtitled The Surprising Science of Tone Deafness and How We Hear Music, journalist Falconer sets out to sing in public. To do so, he must overcome his lifelong affliction of tone-deafness — and that means understanding it. So get ready to take a journey into the theories, then putting them into practice.



Your Favorite Band is Killing Me

Steven Hyden (Back Bay Books, May 17)

How often have you argued for your favourite band and snubbed others that have equally passionate fans? Music writer Steven Hyden is out with this tome that takes a look at some of the greatest music rivalries and what they say about the meaning of life (quirk theory, anyone?).

LAWSUIT

Gawker boss in court over Hogan sex video

Gawker Media founder Nick Denton testified Wednesday that his gossip website decided to post a Hulk Hogan sex video because "it showed Hogan as a person."

Denton was in the courtroom Wednesday afternoon, but attorneys for Hogan played his video testimony recorded in a 2013 deposition. Denton said in the deposition that "it's up to others to determine the boundaries of accepted social, journalistic and legal norms."

Hogan and his attorneys sent Denton a cease and desist order but Denton didn't take down the video post because he said he thought it was newsworthy.

Hogan, whose given name is Terry Bollea, is suing Gawker Media for $100 million for posting the edited video showing him having sex with his then-best friend's wife. Hogan has said he didn't know he was being filmed when the video was made.

Jurors also heard from Mike Foley, a University of Florida journalism professor. Foley questioned Gawker's decision not to contact Hogan, the woman in the video or the woman's husband when it posted the video.

Foley said in his opinion, the sex video was an example of "undue intrusiveness."

> **I know some like to call it viral, but in this case, it was cancer.**
> Hogan's attorney David Houston

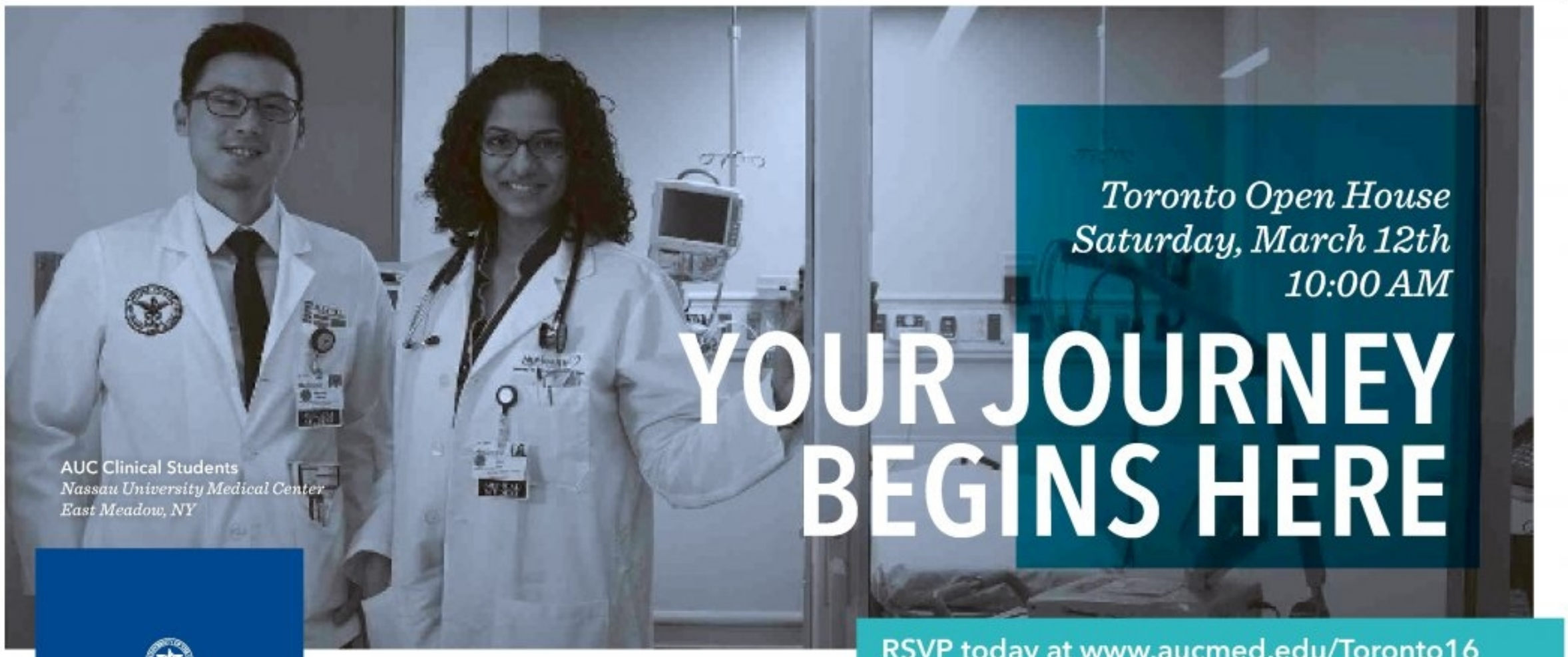
On Wednesday morning, Gawker reporter A.J. Daulerio said that when he received the Hogan sex video in the mail it was "very amusing" and that he thought it was newsworthy.

Gawker says the publication was a legitimate scoop because Hogan is a public figure who had talked openly about his sex life before, in forums such as Howard Stern's radio show.

Hogan's attorney, David Houston, was also called to the stand Wednesday. He described how he sent Gawker a cease and desist letter to take the video down, and then how the video began showing up on other websites.

"I know some like to call it viral, but in this case, it was cancer," he said.

THE ASSOCIATED PRESS



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Playlist: What these authors are listening to

TORSTAR NEWS SERVICE

"When I take a break, even if it's just 10 or 15 minutes to get a snack or lie on the floor or something, that's when I listen to music. It becomes part of the routine," says memoirist turned thriller writer Iain Reid. His fiction debut, I'm Thinking of Ending Things, will be released this summer.

Lee Morgan — Since I Fell For You
Metz — Rats
Nap Eyes — Dreaming Solo
Lay Low — Little by Little
Thelonious Monk — Ruby, My Dear
Basia Bulat — From Now On
The Flamingos — I Only Have Eyes For You

Critically acclaimed author Lauren B. Davis (Our Daily Bread, Against a Darkening Sky) says music helps her "drop down into the gut place where the best writing comes from. When I'm trying to settle into the page — those first tentative, terrifying steps — I rely on music without words to help me dream with eyes open."

Ludovico Einaudi — 36 Song Golden Collection
Olafur Arnalds and Alice Sara Ott — The Chopin Project
Ralf Hildenbeutel — Lucy's Dream
Stars of the Lid — Carte-de-visite

"Oddly enough, it wasn't until my sixth or seventh book that I realized how helpful music is," says USA Today-bestselling author K.A. Tucker. "I normally pick one of these songs, depending on mood of the scene, and put it on repeat. It becomes background noise for me and helps me get the mood right."

Ed Sheeran — Kiss Me
Sia — Alive
Ray LaMontagne — Burn
Birdy — Shelter
Chris Stapleton — Whiskey and You
Halsey — Haunting
X Ambassadors — Unsteady
Thomas Rhett — Die a Happy Man

"I don't always write to music, but when I do, it's classical all the way," says Canadian bestseller and two-time Stephen Leacock Medal for Humour-winner Terry Fallis (Poles Apart, The Best Laid Plans). His playlist, he says "is a little Baroque-heavy" but not entirely.

Respighi — Ancient Airs and Dances
Bach — Brandenburg Concertos
Handel — Water Music
Holst — The Planets
Dvorak — New World Symphony
Beethoven — Sixth and Seventh Symphonies

THE FIFTH BEATLE

4 ways George Martin impacted pop culture

You may not recognize his name, but you recognize producer George Martin's sound. The man who brought the world the Beatles revolutionized modern music in more ways than we realize. Martin has died, his management said Wednesday. Here are four contributions from Martin's 90-year life:

1 The Beatles
His most obvious, lasting accomplishment (though not the only musicians he managed). He signed John, Paul, George and Ringo in the early 1960s and transformed them into the legendary Fab Four. Their albums became art forms, reaching listeners on all continents and exploring new recording techniques. Their relationship, too, broke new ground: The performers gradually took the upper hand over their producer, composing their own material in an era when that was rare, while he translated their vision into top-selling hits.

2 Multi-track recording
With the multitude — or cacophony — of musical possibilities today, it's hard to imagine a time when music was recorded on single tracks. Martin used emerging multiple-track technology to experiment with the Beatles, producing a new kind of music that could only be made in a studio. Different sounds and instruments could be layered, each one adjusted and cleaned up, accelerated or reversed. From the two-track Please Please Me in 1963 to the eight-track Hey Jude, Martin expanded what was expected.

3 Comedy records
Martin helped bring smiles to living rooms around the English-speaking world by pioneering the comedy album in the 1950s, working with Peter Sellers, Spike Milligan and others. He told BBC radio in 1982 that as a young producer at Parlophone, "because we had no American imports, I had to find my own way of making hit records. (Comedy) was my way of getting in between the cracks."

4 James Bond music
Action films didn't enjoy chart-topping theme songs until the 1960s. Martin helped produce Shirley Bassey's Goldfinger in 1964 and later scored McCartney's Live and Let Die in 1971.

THE ASSOCIATED PRESS

Paul McCartney, George Harrison, Ringo Starr, George Martin and John Lennon in 1963. GETT

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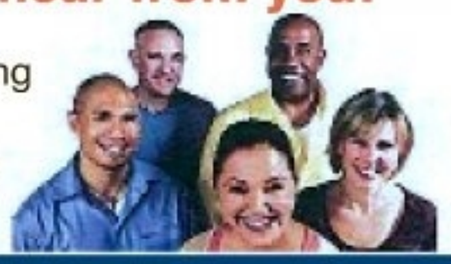

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CANADIAN MADE

True North strong and filmable

This week, the Canadian film and television industries will celebrate outstanding achievements at the Canadian Screen Awards (airing Sunday night on CBC).

Many TV shows shot in Canada, despite their merits, are not eligible. These are the so-called "service" shows, programs made by American networks and studios and shot in cities such as Vancouver (where Supernatural and The Flash are produced for the CW), Calgary (FX's Fargo) and Toronto (FX's The Strain).

Toronto is also home to Man Seeking Woman, which airs on FXX Canada. The outrageous comedy stars Jay Baruchel as hopeless nerd Josh who has no luck with the ladies. In recent weeks, Josh has been competing with his cool roommate Mike (Eric Andre) for the affections of perky office mate Rosa (Rosa Salazar). It all comes to an explosive head Wednesday on the second season finale.

Born in Ottawa and raised in Montreal, Baruchel is an exception to the rule. He's a Canadian starring in an American series shooting in Canada. While Man Seeking Woman was created by and is executive produced by an American, Simon Rich, the show boasts a largely Canadian crew as well as many Canadian actors in supporting roles.

"I always beat the drum to hire as many locals as we can but I don't need to tell them that," 33-year-old Baruchel says speaking with reporters at the TV networks' press tour in Pasadena, Calif., in January, "they know."

Besides the great crews and low Canadian dollar, Rich, 31, says there are two other important reasons to shoot his show in Toronto.

"From a casting perspective," he says, "you can find a lot of talented people but also it's very important that there are so many ethnicities represented in Toronto," he says. "You can actually cast a wide net, and it looks like the real world."

The second thing, says Rich, is "we're excited by the esthetic of the city." THE CANADIAN PRESS

JOHANNA SCHNELLER WHAT I'M WATCHING

Bad blood comes between family

THE SHOW: Bloodline, Season 1, Episode 8 (Netflix)
THE MOMENT: The phone number

Ben Mendelsohn plays a self-destructive sibling in Bloodline, one willing to drag family members down with him. CONTRIBUTED

Two brothers drink in a bar in the Florida Keys, where they grew up, and still live. Responsible brother John (Kyle Chandler, always so natural) once betrayed ne'er-do-well Danny (Australian star Ben Mendelsohn), but they're reconciling. Or so we think.

John, dead drunk, checks out a hot blonde. "How many years have you been f—ing the same woman now?" Danny asks — genially, but with a knife-edge in it.

"That's not funny," John replies. Beat. "17." They laugh.

Slowly, subtly, Danny poisons the evening. Did John know that Danny and John's wife once "had a moment?" Is John jealous of how easily Danny picks up women?

As John watches, Danny approaches the blonde, gets her number. Then he comes back — and slips it into John's pocket. "You never know when you're going to need it," he purrs.

Oooohhhh. In just a few episodes, Mendelsohn, the best actor you may not have heard of, has made Danny into a TV anti-hero right up there with Tony Soprano and Walter White. He's the cat and we're the canary. One minute, he'll show us why he is the way he is, and get us to empathize with him. The next he'll pounce, grin full of feathers.

The other Rayburn siblings — Kevin (Broadway staple Norbert Leo Butz) and Meg (Linda Cardellini) — are equally fantastic. Together they elevate every scene until, like sunburn, it both sizzles and chills.

Gators may lurk in this paradise, but Bloodline proves there's nothing more dangerous than a volatile family member.

Johanna Schneller is a media connoisseur who zeroes in on pop-culture moments. She appears Monday through Thursday.

NIGHTINGALE
TORONTO STAR
thestar.com
AWARD

DO YOU KNOW A SPECIAL NURSE?

Nominate a nurse for the 15th Annual Toronto Star Nightingale Award

Submit your nomination including the following information:
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- Your name and daytime telephone number
- Specify hospital, ward, health care location, department or organization where the care or association with the nurse took place
- Approximate dates of care provided or date of association with the nurse
- Your relationship to the nurse (i.e. patient, family member of patient, friend of patient, former student or colleague).

Provide a personal account, in 250-500 words, explaining why this nurse deserves to be recognized with the Nightingale Award. This may include a brief description of his or her qualities, care of patient, specific examples of the nurse's efforts and dedication, and the difference he or she has made to your life or the lives of others.
NOTE: Your account must have taken place between January 1, 2015 and February 29, 2016. Nominee must be registered with the College of Nurses of Ontario. Nurses may not be nominated by a member of their family.

Send your nomination to: Nightingale Award Nomination, One Yonge Street, 5th Floor, Toronto, ON M5E 1E6. Or online at: **thestar.com/nightingale**

Deadline for nominations: March 16, 2016

metro HOME
Your essential daily news

J.K. Rowling's Harry Potter writing chair up for auction

Highrises on the up and up

CONDO TRENDS

Many new rentals have all the features of a condo

Duncan McAllister
For Metro Canada

The suites at 66 Isabella boast all the accoutrements of a modern condo in a professionally-managed, purpose-built rental building. HANDOUT/DUNCAN MCALLISTER, FOR METRO

> **Each year, more newcomers move to Toronto and need a place to live, resulting in a combination of high rental demand and low vacancy rates.**

Rentals are on the rise. High-rise, that is. A recent surge in purpose-built rental buildings illustrates the changing dynamic of Toronto's housing market.

The recent trend can be attributed to various factors. Each year, more newcomers move to Toronto and need a place to live, resulting in a combination of high rental demand and low vacancy rates.

The high cost of single-family housing has caused many first-time buyers to wait it out, renting for the duration while they save enough for a down payment.

Whatever the reason, the new apartments are a far cry from the retro brick slab towers of Toronto's past. With all the attributes of a modern condo, as well as the convenience and security of a professionally-run building, more and more people are gravitating towards rentals.

One company that has been active in the downtown core with a number of purpose-built rental properties, is Toronto's Shiplake Developments.

Of note is their new Balliol Park project, located in the heart of Davisville Village, with 521 urban rental suites within two towers.

A new downtown infill project by Park Property Management Inc., 66 Isabella sets the standard for modern-day urban rental buildings. The project started out as an existing '70s-era highrise rental tower occupied by existing tenants.

In a challenging feat of construction and project management, the company completely transformed the property at the corner of Church and Isabella, by retrofitting the common areas of the existing building and adding an additional 23-storey structure to the east side, as well as building out a new lobby, killer amenity spaces and underground parking. In addition to being the building's property manager for the past 10 years, Steve Weinrieb was the project manager for the new building, on site for the entire duration.

"As a project manager, this was my only project, but I also managed this building during the process and it's important that the tenants saw a face that they knew."

The units in the new building are indistinguishable from brand new condo suites.

They range in size from a one bedroom, up to three-bedroom suites, topping out at 1,188 sq. ft., which is unusual for a downtown rental unit.

Weinrieb sees rentals as a growing trend, and as a project manager, wants to do more of this type of development.

"We saw the market for it," As a testament to a strong rental market,

"The building stayed full during all the construction." he says.

BILD

Vote for the best development with People's Choice Award

Bryan Tuckey
For Metro Canada

Every year at the annual BILD Awards we present 48 awards to members who are raising the bar in the marketing, designing, planning and building of new communities.

One of the awards is a very special accolade — the 5th annual People's Choice Award. This award recognizes the best new home development project of the year in the GTA and the winner is chosen by the public through an online voting process.

You can cast your vote at bildpca.ca until April 6. The website features the full list of finalists, project names and locations, the builders, a short description and images.

Eight projects are vying for the title. They were shortlisted from the BILD Awards finalists in the Mid/High-Rise Project of the Year and Low-Rise Project of the Year categories.

Competing for the title of People's Choice is the Art Shoppe Lofts and Condos, a 28-storey building by Freed Developments and Capital Development with lobbies designed by fashion icon Karl Lagerfeld at Yonge Street and Eglinton Avenue.

Another finalist is East United Condos by Signature Communities, which will bring 289 new homes including townhomes to King and Berkeley Streets.

The nine-storey J. Davis House by Mattamy Homes and Biddington pays homage to the history of Davisville Village and the Lighthouse Tower at Daniels Waterfront — City of the Arts by The Daniels Corporation is a 45-storey building designed with unique artistic aspects inside and out.

Also vying for the title are 35 Wabash, a new four-storey building in Toronto's Roncesvalles community by Zinc Developments, and a townhome community by Great Gulf Homes called Brockton Commons that appeals to millennials in the Queen West neighbourhood.

Simcoe County's new four-season resort Friday Harbour by Geranium Corporation and Pemberton Group is another finalist and so is Kennedy Manors, a development including 132 town manor homes by Kylemore Communities' near Unionville's historical Main Street.

Choose the project you think should win the People's Choice Award this year at bildpca.ca. The winner will be announced at BILD Awards on April 28.

Don't forget that the National Home Show is on now until March 20 at the Enercare Centre at Exhibition Place.

BILD is proud to bring you the show, co-located with Canada Blooms again this year to make it North America's largest home and garden event. Tickets can be purchased online at nationalhomeshow.com.

Use the METRO2016 promo code and save $5 off regular adult admission, exclusively for my Metro Toronto readers.

BRYAN TUCKEY IS PRESIDENT AND CEO OF THE BUILDING INDUSTRY AND LAND DEVELOPMENT ASSOCIATION AND A LAND-USE PLANNER WHO HAS WORKED FOR MUNICIPAL, REGIONAL AND PROVINCIAL GOVERNMENTS. FOLLOW HIM ON TWITTER @BILDGTA, FACEBOOK.COM/BILDGTA, AND BILDBLOGS.CA.

ADVICE

Protect your home in case of firm liabilities

Jeffrey Cowan
For Metro Canada

Q: My husband and I own our house together and he recently has made partner in his accounting firm.

It has been suggested that we try and protect this asset in case something goes wrong at the firm and he is held liable for some of the actions of the firm.

What can we do to address this?

A: A lot of couples, where one of the parties is a professional and potentially subject to liability from their partnership, change the ownership of their major assets into the name of the non-professional person in the couple.

You can gift your ownership of a property to your spouse on a tax free basis but there are a couple of things you need to make sure of first.

If you both qualified for the mortgage when you purchased the property, you need the written consent of the financial institution to remove your husband from the title.

Often, he will be required to resign as a guarantor if it was his income that allowed for the financing.

Before you decide to go down this road, you should get comprehensive tax and legal advice.

Some professionals work in a limited liability partnership which may or may not protect your assets.

Presumably your husband has worked very hard to get where he is and it would be a shame if the firm made a major error and the successful creditors came after your largest asset: your home.

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VANDYK 30 YEARS

Luxury in Port Credit

Project overview

Nola is the next phase of the Port Credit Village community and promises to be a new vision of luxury condo living. The building composition will feature a layering of elements and incremental setbacks and sweeping views of Lake Ontario.

Location and transit

Nola is situated two blocks from the MiWay bus connection and the Port Credit GO rail station, which gets you into downtown Toronto within 30 minutes. Drivers are a short jaunt from Lakeshore Road and the Queen Elizabeth Way.

Housing amenities

Residents will enjoy a welcoming lobby with 24-hour concierge service. There's a party room and lounge and a fully-equipped gymnasium. The building is surrounded by a garden neighbourhood setting, with suites that feature contemporary appointed interiors.

In the neighbourhood

Port Credit truly is Mississauga's entertainment hub, with a broad selection of restaurants and cafes, shopping, dining, music and events all on the waterfront. There are also many area parks and the waterfront trail.

DUNCAN MCALLISTER/FOR METRO

NEED TO KNOW

What: Nola Condos in Port Credit
Builder: FRAM Building Group and Slokker Real Estate Group
Architect: Brook McIlroy Inc. and Giannone Petricone Associates Inc.
Interiors: Mike Niven Interior Design Inc.
Location: The corner of Ann and High Streets, Port Credit
Building: A 15-storey building with 70 suites
Sizes: Up to 2,250 square feet
Pricing: From $299,900 to over $1 million
Suites: One bedroom up to three bedroom plus den
Status: Pre-construction, registration phase
Occupancy: 2019
Sales centre: Coming soon to 141 Lakeshore Rd. E.
Info: liveatnola.com

REAL ESTATE

What's hot on the market

DUNCAN MCALLISTER

1 NOW REGISTERING

Yonge and Davisville: The J. Davis House, a new boutique midrise condominium residence on Yonge and Davisville is open for registration. Check out the sales centre at 1955 Yonge St.

CONTACT: 647-343-3270, JDAVISHOUSE.COM

2 OPEN HOUSE

Queen West Several townhome units will be shown this weekend at 77 Dovercourt Rd., in the heart of Queen West. March 12 to 13 from 2 to 4 p.m.

ANDREW HARRILD, PROPERTY.CA REALTY INC., BROKERAGE, 416-583-1660

3 NOW OPEN

Markham: York Condos at Downtown Markham near the York University campus and transit, are now on sale. Visit the sales centre at 162 Enterprise Blvd.

CONTACT: 905-948-9900, DOWNTOWNMARKHAM.CA

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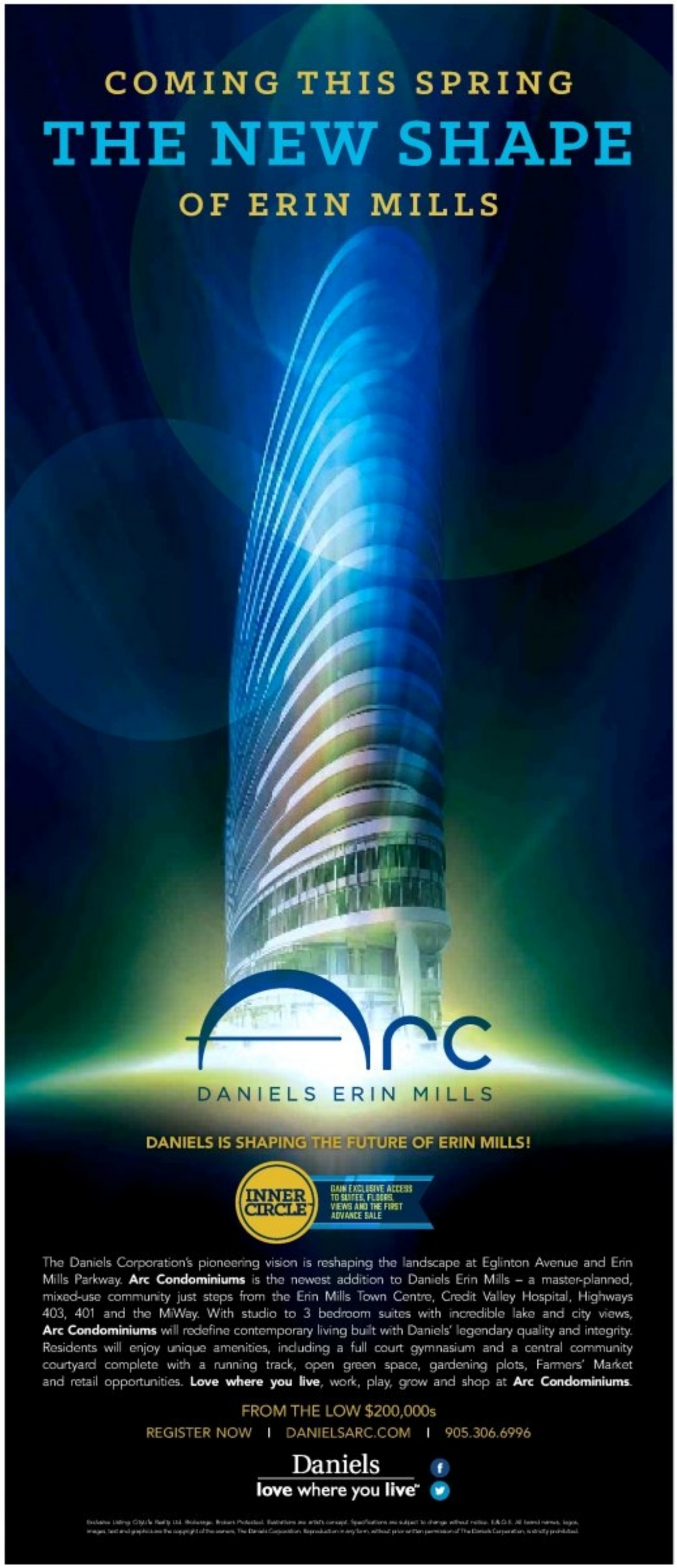

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Art-making at the Gallery School is just one of the activities on tap for kids at the AGO. CONTRIBUTED

Entertained, active during March break

ACTIVITIES

Keep the kids busy all week with family fun across the city

Jaclyn Tersigni

March break is looming. Seven solid days with your kids await. If ski vacations and beach holidays aren't on your agenda, here are some fun-filled ways to keep the kids entertained just a transit ride or drive away.

Harbourfront Centre
It's not too late to register your kids for one of 15+ day camps offered by the Harbourfront Centre from March 14 to 18. Options for older kids (ages 10 to 15) including learning stop-motion animation, experimenting with improv, and studying mixed media, while their younger siblings (age four and up) can dance, create comic books, join the circus and study woodworking.

Art Gallery of Ontario
The AGO has something for the kids every day from March 12 to 20, 10 a.m. to 4 p.m. during its March Break Drop-In Family Fun 2016. Zero Gravity Circus company will be offering interactive comedy, juggling and stunts daily (11:30 a.m. and 1 p.m.) in Walker Court. Check out portraits of pets and children from throughout time in the Kids' Gallery, where petite painters can also create their own masterpiece. Also on tap: family-friendly gallery tours, art-making at the Gallery School and kid menus are available at FRANK and caféAGO. Need to relax? Try a family yoga session (Tuesday and Thursday, 11 a.m., 12:30 p.m., 2:00 p.m.).

Evergreen Brickworks
There's enough family fun planned at Evergreen Brickworks to last an entire day — or two. From March 14 to 19, noon to 2 p.m., you can rent Brickworks' "fat bikes" (with super-wide tires to handle various terrain) or bring your own and navigate the Don Valley trails.

If you're feeling more mellow, check out Fun Games at the Welcome Hut daily from 10 a.m. to 4 p.m. or a live performance by the kids band, Space Chums, from 11:30 a.m. to 2 p.m. all week long. Once you've worked up an appetite, grab a hot chocolate (or spiked apple cider for Mom and Dad) and a locally-prepared food truck speciality from the Evergreen Container Market.

Royal Ontario Museum
The ROM has a line-up of special activities planned from March 12 to 20, 11 a.m. to 4 p.m., free with the price of admission. Kids can take a deep-dive into the world of Shakespeare with Elizabethan dance lessons, authentic costumes and acting with Toronto's Classical Theatre Project.

On March 12 and 13, museumgoers will be transported to Japan with traditional court music, live demonstrations of historic wood printing and flower arranging, and lessons on how to make take-home tsumami (folded fabric) ornaments.

Other offerings include an interactive meet-and-greet with snakes and spiders, a museum scavenger hunt and a live presentation of Hamlet … starring puppets. Can't make it during the day? The museum is offering discounted admission and extended hours from 4:30 to 8:30 p.m. March 12 to 19.

AROUND TOWN

- Weather permitting, the city's 37 outdoor artificial ice rinks will be open all day until March 20.
- Check out the Hockey Hall of Fame's new exhibit, The Changing Face of Hockey – Diversity in Our Game, and get $2 off admission for up to five people with the March break family coupon.
- Explore the CN Tower and enjoy activities including an air glide competition, building K'NEX and creating lava lamps.
- Meet the Toronto Zoo's newest (and cutest) members: giant panda cubs, a polar bear cub and four white lion cubs.

mar SPORTS

The Toronto Maple Leafs will host the Detroit Red Wings in the Centennial Classic outdoors at BMO Field in Toronto on Jan. 1, 2017

MLB SPRING TRAINING

Goins, Jays sting Rays' all-star starter

J.A. Happ looked sharp in his second outing and Ryan Goins had two hits and drove in a pair of runs to lead the Toronto Blue Jays over the Tampa Rays 5-1 Wednesday.

All-star Chris Archer had a rough start for the Rays, allowing two first-inning runs on wild pitches. Goins singled off the Tampa Bay ace in the first and had a two-run single off Ryan Webb in the fourth to boost his batting average to .357 with six RBIs this spring.

Happ allowed one run and four hits in 2-2/3 innings.

Archer retired his first batter before yielding two singles and a walk that loaded the bases. Goins scored on the first wild pitch of the inning, and Toronto added another run when another pitch got away from Archer after he walked Junior Lake to re-load the bases.

"I think the biggest thing was whenever I got a few guys on base, I was trying to do a little bit too much," said Archer, who threw 32 pitches in the first inning.

"It's nice to have challenges in spring training present themselves," Archer added, "because that way when you get to the season it's not unfamiliar."

THE ASSOCIATED PRESS

BAD BACK

Right-hander Marco Estrada has been slowed by a sore back but is improving and possibly could make his exhibition debut late next week for the Jays.

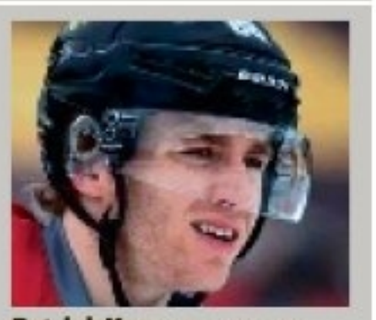
IN BRIEF

NHL ends Kane probe

The NHL has closed its investigation into Patrick Kane, saying a sexual assault allegation made against the star Chicago Blackhawks forward last year was unfounded.

The league said in a release Wednesday that the final stage of the investigation included an in-person meeting between Kane and commissioner Gary Bettman in New York on Monday.

Kane was investigated by police last year following an alleged rape at his home near Buffalo, but prosecutors in November declined to file charges because of a lack of credible evidence. THE CANADIAN PRESS



Patrick Kane GETTY IMAGES

Rookies rescue Leafs in shootout victory

NHL

Nylander forces OT, Soshnikov scores winner

The Maple Leafs avoided their longest losing streak of the season on Thursday night, rallying from a late deficit in regulation before winning in a shootout.

William Nylander scored the game-tying goal with less than two minutes remaining in regulation before fellow rookie Nikita Soshnikov gave the Leafs a 4-3 victory over the New York Islanders in the shootout. It was only the club's sixth win in the past 28 games (6-18-4) and snapped a string of five straight defeats by a goal.

Nikita Soshnikov TORSTAR NEWS SERVICE

The Islanders, meanwhile, remain three points back of the Rangers for second in the Metropolitan Division with two games in hand.

Nylander was joined on the scoresheet by Zach Hyman and Morgan Rielly while the Islanders saw John Tavares, Nick Leddy and Ryan Strome all find the back of the net.

Garret Sparks struggled in his second straight start, yielding three goals on 27 shots. Thomas Greiss stopped 32 of 35 shots for the Islanders.

Maple Leafs goaltender Garret Sparks makes a save in front of Islanders left-winger Josh Bailey on Wednesday. NATHAN DENETTE/THE CANADIAN PRESS

WEDNESDAY At ACC

4	3
LEAFS	ISLANDERS

Greiss is likely to draw the bulk of starts for New York in the final month or so of the regular season. The Islanders announced prior to Wednesday's game that No. 1 netminder Jaroslav Halak would miss six weeks with a lower-body injury.

The Leafs (22-33-11) and Islanders (37-20-8) traded goals in all three periods.

Nylander's goal was his second in only his sixth NHL game as his father Michael, the long-time NHL player, was in attendance to witness the heroics. The 19-year-old helped the Leafs avoid another one-goal defeat, banging a rebound past Greiss with 1:13 left in regulation.

Toronto has gotten six goals from the group of four rookies recalled following the NHL trade deadline last week, including two each from Hyman, Nylander and Soshnikov.

The Leafs had P.A. Parenteau back in their lineup for the first time after the trade deadline. Long expected to be traded ahead of the Feb. 29 deadline, Parenteau remained with Toronto, missing the previous five games with an upper-body injury. THE CANADIAN PRESS

WWF's CN Tower Climb for Nature

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APRIL 16TH & 17TH

Polar bears, Arctic © naturepl.com / Steven Kazlowski

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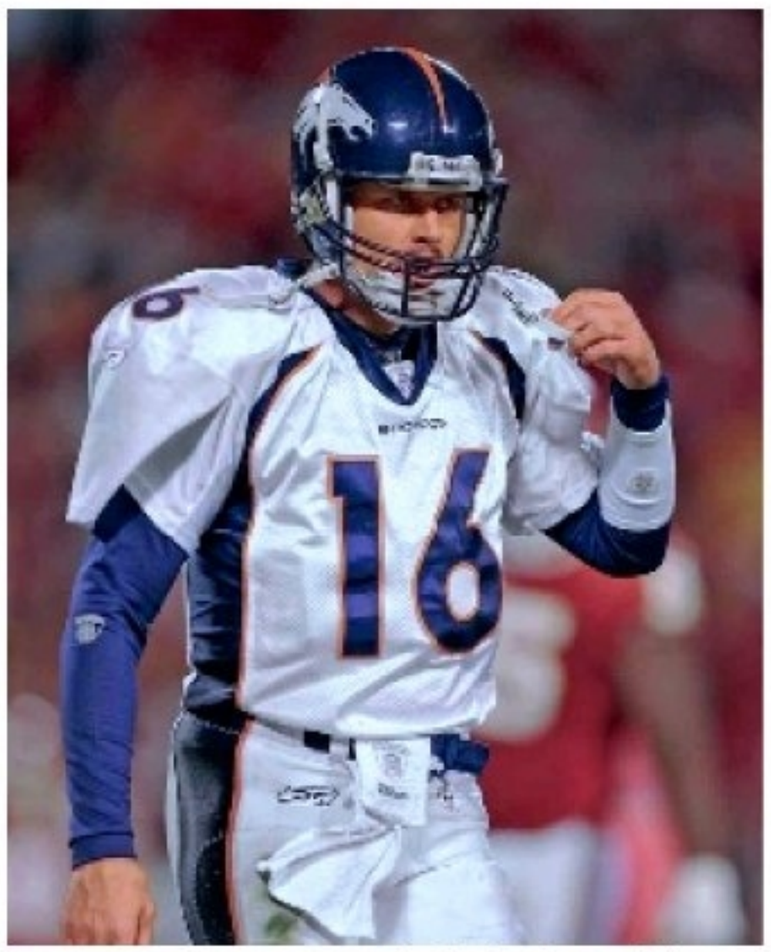

Former Denver Broncos quarterback Jake Plummer is in favour of CBD treatment for concussion. BRIAN BAHR/GETTY IMAGES

High praise for hemp concussion treatment

NFL

Former player Plummer says league needs to introduce CBD

Former Chicago Bears quarterback Jim McMahon calls himself "old-school," including his use of marijuana both during and after his career.

Yet McMahon's stab at self-medication could be ahead of its time. Researchers at Johns Hopkins plan to test whether a compound found in hemp — and its notorious cousin, cannabis — proves as effective in treating brain injuries as testimonials claim.

Some former players believe cannabidiol, or CBD, could help millions who suffer brain injuries each year, including chronic traumatic encephalopathy, a degenerative disease caused by repeated concussions and found in many former NFL players whose brains have been autopsied.

> **I know others who have replaced hellacious amounts of painkillers with CBD.**
> Former NFLer Jake Plummer

"I don't think any of us regret what we did," said Jake Plummer, who played 10 seasons before retiring in 2007. "But there's no question it comes at a real cost."

Along with a handful of other retired players, Plummer felt strongly enough about the benefits of using CBD to appear in a public-service campaign titled "When the Bright Lights Fade." It was sponsored by Realm of Caring, a non-profit research organization and CW Botanicals, a dietary supplements company specializing in hemp products. It was released Wednesday as part of National Brain Injury Awareness month with the goal of raising $100,000 to begin the Johns Hopkins study.

"I've had friends, guys I played alongside, whose mood changed from night to day. I know others who have replaced hellacious amounts of painkillers with CBD ... and I hope this gets even more guys involved," Plummer said. "The bigger the number, the better chance we have to get in front of (NFL commissioner) Roger Goodell and say, 'You need to fund this.' Not just for football players, but for the millions of others it could help."

Because of a lack of research and varying federal and state regulations, the science and the law on CBD are far from settled. Major medical organizations have not supported marijuana to treat concussions, but many also say what the U.S. government patent on cannabinoids, including CBD, states: They act as "neuroprotectants" and have shown to be effective at limiting damage in cases of stroke or trauma and to treat degenerative diseases. THE ASSOCIATED PRESS

NFL

Broncos searching for new quarterback

Peyton Manning is retired and Brock Osweiler is moving to Houston. Maybe GM John Elway lines up at quarterback next season for the Super Bowl champions?

Brock Osweiler GETTY IMAGES

Maybe not, but Elway is now searching for a couple of signal-callers for a position that has not been in flux since Manning joined the Broncos as a free agent in 2012, when Osweiler was drafted.

While five-time league MVP Manning led them through the playoffs and helped them beat Carolina 24-10 in the Super Bowl, his retirement just before turning 40 was no surprise. But with Elway unable to win a bidding war for Osweiler there's a huge void behind centre. Among the quarterbacks on the market are Robert Griffin III, released by Washington, and former Jet Ryan Fitzpatrick, now a free agent. THE ASSOCIATED PRESS

IN BRIEF

PSG knock out Chelsea

Zlatan Ibrahimovic demonstrated his enduring attacking threat Wednesday by steering Paris Saint-Germain into the Champions League quarterfinals with a goal and an assist in a 2-1 victory at Chelsea.

By replicating the first-leg triumph in the French capital last month, PSG eliminated Chelsea for the second successive season in the round of 16 but it is far more damaging for the London club this time.

THE ASSOCIATED PRESS

Hart wins on nationals debut

Ontario alternate Joey Hart made his national men's curling championship debut in a 9-4 win over Prince Edward Island's Adam Casey. Brad Gushue of Newfoundland and Labrador was in second place at 6-1 after topping Canada's Pat Simmons 7-3.

Earlier, Alberta's Kevin Koe topped B.C.'s Jim Cotter 7-2 and Saskatchewan's Steve Laycock edged Jamie Koe of the Northwest Territories 5-4. Manitoba's Mike McEwen was in third at 4-2.

THE CANADIAN PRESS

TENNIS

Meldonium 'is not doping': Inventor

Meldonium doesn't enhance the performance of athletes, the Latvian scientist who invented the drug at the centre of Maria Sharapova's doping case said.

Ivars Kalvins said that the drug "is not doping," but added it does protect athletes against heart damage during extreme physical exercise.

Maria Sharapova GETTY IMAGES

If the heart is working very hard, the drug "protects the heart cells ... against ischemia," a blood circulation condition, Kalvins said. "This is not the same as increase of performance." THE ASSOCIATED PRESS

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Crossword

OMG: IKEA'S BILLIONAIRE FOUNDER A FAN OF FLEA MARKETS

Frugal billionaire Ingvar Kamprad, founder of Ikea, buys his clothes at flea markets to save money, he said in a documentary to be broadcast Wednesday on Swedish television.

Kamprad, who turns 90 on March 30, has a reputation for penny-pinching, which he claims helped Ikea to become one of the world's top brand names.

"I don't think I'm wearing anything that wasn't bought at a flea market. It means that I want to set a good example," he told Swedish channel TV4, according to business daily Dagens Industri which viewed the documentary.

"It's in the nature of Smaland to be thrifty," he said, referring to Sweden's southern agricultural region where he comes from.

Kamprad is estimated to have an accumulated fortune of about 610 billion kroner (about 65.5 billion euros, $96.6 billion CAD), according to recent Swedish media reports. But it is difficult to separate what belongs to him, what belongs to his children and what is held in a family foundation in one of Europe's most infamous tax havens, Liechtenstein.

In 2006, the American business magazine Forbes listed him as the fourth richest person in the world.

Kamprad's modest spending habits have made headlines over the years. In 2008, he told newspaper Sydsvenskan that a 22-euro bill in the Netherlands had broken his barbering budget.

"Normally, I try to get my hair cut when I'm in a developing country. Last time it was in Vietnam," Kamprad explained. AFP

ACROSS

1. The ____ Never Stops
4. When your ex-boyfriend has intimate photos of you
5. When you send your ex-boyfriend to jail for blackmail
6. When your ex-boyfriend gets out of jail

DOWN

2. When your brother gets your ex-boyfriend fired
3. When your ex-boyfriend comes for revenge
4. Weeknights at 7:30 on CBC

IT'S ALL IN THE STARS by Sally Brompton

Aries March 21 - April 20
Life may be challenging but you can make things easier on yourself by not taking it too seriously. Look at the bigger picture: one hundred years from now what will any of it matter?

Taurus April 21 - May 21
The Sun in the friendship area of your chart urges you to get together with people who share your outlook on life. You'll have fun and find ways to make the world a better place.

Gemini May 22 - June 21
Some Geminis are ambitious and some are not but all Geminis like to be noticed. Today will give you the opportunity to step into the spotlight. Unveil your special talent and put on a show.

Cancer June 22 - July 23
If you feel stuck in the same old place, with the same old people, doing the same old things then it's time to break free. A vacation is a good idea, but if you cannot travel right now you can start making plans.

Leo July 24 - Aug. 23
What matters most to you in life? Is it money? Success? Creative fulfilment? Whatever the answer to that question may be you have to make it central to what you are doing.

Virgo Aug. 24 - Sept. 23
Look back over the past six months at the progress you've made. Most likely you've come a long way but there is still further to go before your aims. Keep striding.

Libra Sept. 24 - Oct. 23
With the Sun moving through the wellbeing area of your chart you need to slow down. If your body is giving you signals that it could use a rest you must heed the warning.

Scorpio Oct. 24 - Nov. 22
There's a spring in your step and a smile on your face. Recent events may have been tough but everything is coming easy to you now. There's no limit to how far you can go.

Sagittarius Nov. 23 - Dec. 21
You like to keep your standards high but sometimes you can expect too much of yourself. Today's cosmic influences suggest that you need to let go of unrealistic expectations, both of yourself and others.

Capricorn Dec. 22 - Jan. 20
Think positive and believe that everything will work out for the best — and it will. Nothing is so bad that it cannot be improved by the way you choose to deal with it.

Aquarius Jan. 21 - Feb. 19
Life moves in cycles and the cycle you are going through at the moment may be a bit disruptive, but it's really no big deal. You have handled far bigger challenges in the past and will do so again in the future.

Pisces Feb. 20 - March 20
The positive effects of yesterday's eclipse will linger for a few days, so get out and show the world what you can do. By the end of the week you'll look, feel and act like a new person.

CONCEPTIS SUDOKU by Dave Green

Every row, column and box contains 1-9

	1	7	8					
							3	
		4			9			8
			2			1		4
3				4				7
6		9			1			
8			7			3		
	5							
					2	8	9	

RECIPE Fancy Tuna Wrap

PHOTO(S): WARREN WEBSTER

Ceri Marsh & Laura Keogh
For Metro Canada

Do you already know this day is going to run late? No worries, tonight's dinner is going to be on your plate in 10 minutes. It's a wrap, but with protein, veggies and a grain, it's also a perfectly complete meal.

Ready in
Prep time: 5 minutes
Total time: 10 minutes
Serves 2

Ingredients
- 1 can tuna, packed in water (5 oz)
- 1 stem of celery, chopped fine
- 3 or 4 cherry tomatoes, chopped
- 1 or 2 Tbsp mayonnaise
- 2 tortillas
- 1 carrot, grated
- 1/2 avocado, sliced

Directions
1. In a bowl, mix tuna, celery, tomatoes and mayonnaise.
2. Lay your tortillas on a work surface. Spoon a stripe of tuna mixture down the middle of each tortilla. Now lay down a strip of the grated carrot, right next to the tuna. Place slices of avocado right next to the carrot.
3. Wrap one side of the tortilla over the other. Now tuck in the sides and keep rolling so everything is snuggly inside.
4. Slice the tortilla in half and serves with a side of mixed greens.

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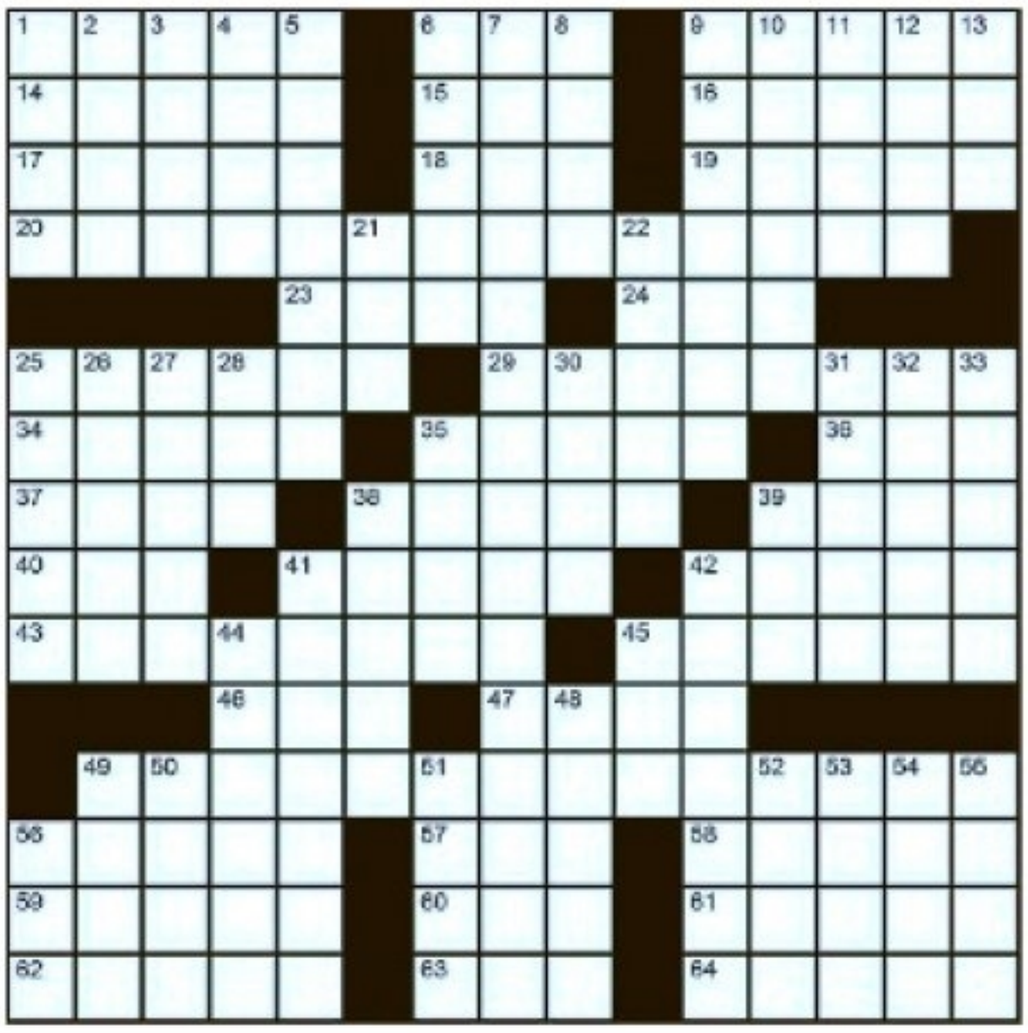
CROSSWORD Canada Across and Down

BY KELLY ANN BUCHANAN



ACROSS
1. D-Day beach
6. Mel's Diner waitress
9. "Rock You" Canadian hard rock band
14. Cheque recipient
15. Knock
16. Architectural arch
17. Domains
18. Goat's hair garment
19. Monsters
20. Cartoon series for one-sibling-born-in-Canada production company Warner Bros.: 2 wds.
23. Happy dance
24. Giant's ickypoo cry!
25. Canadian __ Awards (Sunday, March 13th, 2016 on CBC)
29. Emergency transport at sea
34. Checkmate game
35. Celebrations
36. Seven, fancy-style
37. Bewitched
38. Wishful person
39. Faxed
40. Operate
41. Barbarians
42. Infectious
43. Operatic singing style: 2 wds.
45. Spunk
46. Amer. currency
47. Swerve
49. Ferociously-spinning creature on #20-Across: 2 wds.
56. Mediterranean island
57. HS subject
58. Sphere
59. Not at all pleased
60. Mr. Frehley of Kiss
61. Mr. Macdonald, and namesakes (Host of #25-Across)
62. Polynesian language
63. 'P' in MPH
64. Musical qualities

DOWN
1. Canned meat
2. 'Soft' suffix (Computer-user's purchase)
3. __ and terminer
4. Bring up
5. Gowan hit: "Moonlight __"
6. Entrap
7. Quebec's nickname: 3 mots
8. Gem of Australia
9. They have drawstrings whilst basic sweatshirts don't
10. Yolky/shelly more-y
11. Read: French
12. Burl of "East of Eden" (1955)
13. Letters like the last letter of #9-Across' answer
21. Verse-writer's 'dusk'
22. Bid
25. Scour
26. Comic actor Chevy
27. Force back
28. "C'__ la vie!"
30. 'Favour' suffixes
31. Deflect
32. Important exam
33. Deed
35. __ the bill
38. Auto company
39. Obedience training basic command
41. Long-grain rice variety
42. Rich in vegetation
44. 'Last Stand' commander at the Battle of Little Bighorn
45. Guys
48. Enthusiastic
49. Spanish appetizer
50. Moreover
51. __ tide
52. Slangy suffix to 'Stink'
53. Celebrity decorator Mr. Yip
54. "I've Got the Music __ __" by The Kiki Dee Band
55. Miss, in Glasgow
56. Silent

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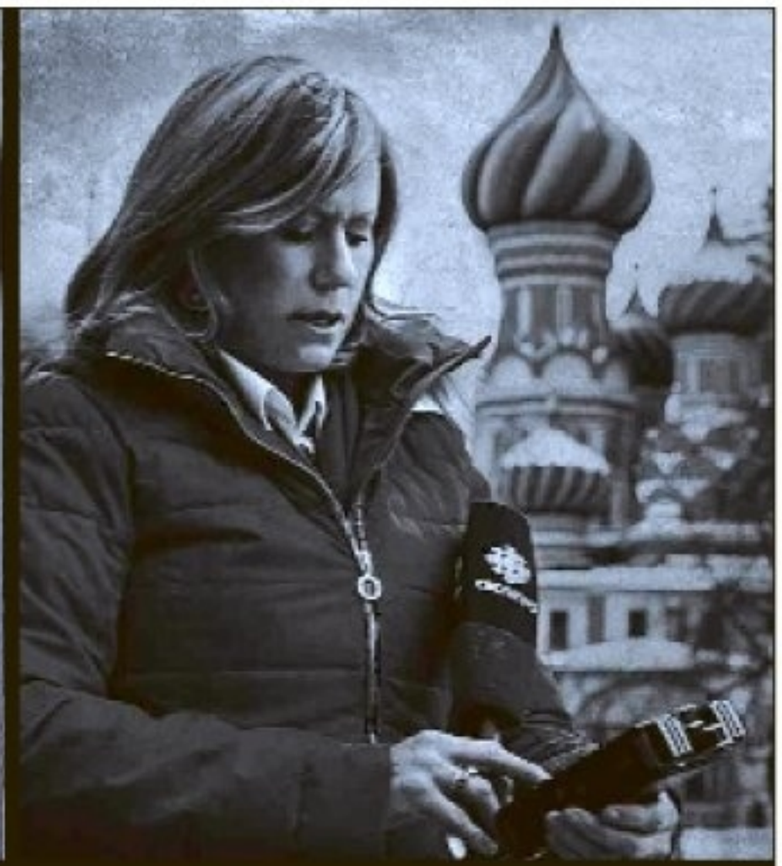

Susan Ormiston for The National

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Investigates

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